

IYA/PBSCC/2026

Date: 20/01/2026

Circular Resolution

Appointment of New Committee for Punjab State Chapter of Indian Yoga Association

Statement of Purpose: To resolve by Circular Resolution the reformation of the Punjab State Chapter Committee for active operations in the state.

Note: In the Presence of Secretary General of IYA, Shri. Subodh Tiwari Ji, a virtual meeting was held on 11th January 2026. It was decided to reform the State Chapter Committee for Punjab for the purpose of making it more active specifically for the promotion of IYA and yoga in general. Nominations were invited from Life Members, Associate centers and Member Institutes.

Resolution:

It is hereby resolved to nominate the Committee as listed below More members may be added in due course of time-

Members of Punjab State Chapter Committee of the IYA

1	Sanjeev Tyagi	Chairperson	IYA Associate Center
2	Manik Demla	Vice Chairperson	IYA Professional Member
3	Rattan Lal	Secretary	IYA Professional Member
4	Jyoti Thapliyal	Joint Secretary	IYA Professional Member
5	Arvinder Kaur	Joint Secretary	IYA Associate Center
6	Umang Singh	Treasurer	IYA Professional Member
7	Charu Sharma	Convener Research	IYA Professional Member
8	Shweta	Convener Publicity	IYA Professional Member
9	Varun Chauhan	Member	Art of Living


Thanking You
(Sri Subodh Tiwari)
Secretary General IYA