

## Recognition of Prior Learning

### Introduction

Based on the mandate given vide Circular Resolutions of 21<sup>st</sup> July 2019, the three IYA – certified Courses viz. Foundation Course in Yoga (FCY), Certificate Course in Yoga (CCY) and Advance Certificate Course in Yoga (ACCY) are now being conducted by several Institutions in the country.

### Proposal

On considering requests from various Institutions, it is proposed that IYA certification be provided retrospectively to past students of Institutions i.e. provide Recognition for Prior Learning (RPL).

### Rationale

Some of the justifications for RPL may be as follows:

1. The number of IYA – certified Yoga students will increase thereby indirectly ensuring uniformity in knowledge and skill levels of these students of Yoga.
2. These IYA-certified students automatically become Members of IYA (Yoga Volunteer i.e. Yog Samarthak or Yoga Professional i.e. Yoga Prashikshak) thereby increasing IYA Membership.
3. The benefits arising from IYA Certification are made available to even past students.
4. To increase awareness and popularity of IYA – certified Courses.

### Process for RPL

1. Only past students of IYA - Accredited Institutions, who are currently conducting IYA-certified Courses, will become eligible for RPL i.e. retrospective Certification.

2. RPL may be made applicable for Courses conducted by the Institutes for past 10 years.
3. The respective Institutes have to first ensure that the past Courses conducted by them fulfilled the basic Minimum Standards for Syllabi and Curriculum for the three Courses set up by IYA. The Institutes will have to provide a written undertaking (with relevant comparison of Syllabi, if necessary) to IYA-Pr. CB, to the latter's satisfaction, in this regard.
4. In case, the past Courses fell short in this regard then the students can be subjected to an "Updation Course" if they opt for IYA-certification. The content, duration and modus operandi of this "Updation Course" can be worked out by the respective Institutes under the guidance of IYA.
5. If the past Courses fulfill the basic Minimum Standards for Syllabi and Curriculum for the three Courses set up by IYA, then the students can be judged as regards their current suitability / proficiency by making them appear for an oral or written Test and demonstration of practical knowledge. The contents of this test (theory and practical) can be decided by the respective Institutes under the guidance of IYA. The Tests can be conducted Online advantageously.
6. The IYA Pr. CB can expedite the process of RPL by starting to collect data as regards Institutes and number of Students who will avail of RPL benefit.