	Title and link of the paper	Authors	Journal	J Impact Factor	Status	Indexing
1	129-OR:Diabetes Prevention through Yoga-Based Lifestyle: A Pan-India Randomized Controlled Trial https://diabetes.diabetesjournals.org/content/68/Supplement_1/129-OR	Raghuram Nagarathna,Venkata S. Ram, Sasidharan K. Rajesh, Amit Singh, Vijaya Majumdar, Suchitra Patil, Hongasandra R Nagendra	Diabetes (ADA)	7.273	(Abstract) Published	PubMed Medline Scopus
2	Distribution of glycated hemoglobin and its determinants in Indian Young adults https://pubmed.ncbi.nlm.nih.gov/31846666/	RaghuramNagarathna, NavneetKaur,AkshayAnand, KanupriyaSharma, RimaDada, PalukuruSridhar,PurnenduSharma, AmitKumarSingh, SuchitraPatil, Hongasandra R.Nagendra	Diabetes Research and Clinical Practice	4.234	Published	PubMed Science Direct Scopus
3	A composite of BMI & WC may be better obesity metric in Indians with high risk of T2DM NMB 2017 doi: 10.1016/j.diabres.2020.108037	Raghuram Nagarathna, Murali Venkatarao, Rajesh S K, Amit Singh, Suchitra Patil,Hongasandra R Nagendra	Diabetes Research and Clinical Practice	4.234	Published	PubMed Science Direct Scopus
4	Assessment of risk of diabetes by using Indian Diabetic risk score (IDRS) in Indian population https://pubmed.ncbi.nlm.nih.gov/32087269/	RaghuramNagarathna RahulTyagi PriyaBattu AmitSingh AkshayAnand Hongasandra Ramarao	Diabetes Research and Clinical Practice	**4.234**	Published	PubMed Science direct Scopus

5	Perceived stress and depression in pre diabetes and diabetes in an Indian population-A call for a mindfulness-based intervention. **https://doi.org/10.1016/ j.genhosppsych.2020.01.**	Mishra.A, Podder V, Modgil S, Khosla R, Anand A, Nagarathna R, Singh AK, Nagendra HR	General Hospital Psychiatry	**2.860**	Published	PubMed Science direct Scopus
6	Efficacy of a validated Yoga protocol in Dyslipidemia in Diabetes patients: NMB 2017 India trial https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6963794/	Raghuram Nagarathna, **Rahul Tyagi**,Gurkeerat Kaur,Vetri Vendan,Ishwara N. Acharya, Akshay Anand, Amit Singh, andHongasandra R. Nagendra	Medicines (Basel)	NA	Published	Pubmed Scopus
7	Knowledge, Attitude, and Practice of Yoga in Rural and Urban India, KAPY 2017: A Nationwide Cluster Sample Survey https://pubmed.ncbi.nlm.nih.gov/32033426/ https://www.ncbi.nlm.nih.	Amit S Mishra, Rajesh SK, Vadiraja HS, Raghuram Nagarathna, Akshay Anand, Himshikha Bhutani,Madhava Sai Sivapuram, Amit Singh, and Hongasandra Ramarao Nagendra	Medicines — Open Access Journal	NA	Published	PubMed
8	Impact of Yoga on Blood Glucose Level among Patients with Type 2 Diabetes Mellitus: A Multicentre Controlled Trial ***https://search.proquest.com/docview/2189504679?p***	Amit Singh, Padmini Tekur, R. Nagaratna1, H. R. Nagendra Scopus	Journal of Stem Cells	1.55	Published	Google Scholar

9	Partitioning of radiological, stress and biochemical changes in pre-diabetic women subjected to Diabetic Yoga Protocol https://pubmed.ncbi.nlm.nih.gov/31405697/	Amit Kumar Singh , Navneet Kaur , Sushant Kaushal , Rahul Tyagi , Deepali Mathur, Madhava Sai Sivapuram , Kashinath Metri , Sridhar Bammidi , Vivek Podder , Shweta Modgil , Radhika Khosla , Kiran Sharma , Abhilasha Anand , Neeru Malik , VidhyaSagar Boroiah, Raghuram Nagarathna, Hongasandra R Nagendra Akshay Anand	Diabetes and metabolic syndrome-clinical research and reviews	1.940	Published	Pubmed Scopus Medline Science direct
10	Development and implementation of ZED-YOG quality module: Niyantrita Madhumeha Bharata skill development initiatives https://journals.sagepub.com/doi/pdf/10.5214/ans.0972.7531.260108	Tyagi R, Anand A	Annals of Neuro-science	0.8	Published	Google Scholar, Research Gate, J-Gate, , Ulrichsweb, **Index** Coprernicus and Scopus.
11	Niyantrita Madhumeha Bharata 2017, Methodology for a nationwide diabetes prevalence estimate-part 1 https://pubmed.ncbi.nlm.nih.gov/31543627/	Nagendra HR, Nagarathna R, Rajesh SK, Amit S, Telles S, Hankey A	IJOY	NA	Published	Pubmed

12	Methodology of *NiyantritaMadhumehaBharata Abhiyaan*-2017, a Nationwide Multicentric Trial on the Effect of a Validated Culturally Acceptable Lifestyle Intervention for Primary Prevention of Diabetes: Part 2 https://pubmed.ncbi.nlm.nih.gov/31543628/	Nagarathna R, Rajesh SK, Amit S, Patil S, Anand, A, Nagendra HR,	IJOY	NA	Published	Pubmed
13	Perceptions of benefits and barriers to Yoga practice across rural and urban India: Implications for workplace Yoga https://pubmed.ncbi.nlm.nih.gov/32310204/	Mishra Amit, Chawathey Shreyas A, Mehra Priya Nagarathna R., Anand Akshay, Rajesh S.K. , Singh Amit Patil, Suchitra, Sai Sivapuram Madhava, Nagendra Hongasandra Ramarao	Work	**1.132**	Published	Pubmed Scopus
14	Prevalence and Awareness of Stroke and Other Comorbidities Associated with Diabetes in North West India https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7394624/	Vivek Podder, Dr. Vinod Srivastava, Saurabh Kumar, Dr. R Nagarathna, Madhava Sai Sivapuram, Navneet Kaur, Kanupriya, Dr. Amit Singh, Dr. Neeru Malik, Dr. Akshay Anand, Dr. H.R.	Journal of Neurosciences in Rural Practices	-	Published	PubMed SCOPUS
15	Effect of yoga based life style program on reduction of diabetes risk and regression to normoglycemia, a multicentre RCT NMB 2017	Raghuram Nagarathna, Venkata S. Ram, Sasidharan K. Rajesh, Amit Singh, Akshay Anand,Vijaya Majumdar, Suchitra Patil, Hongasandra R Nagendra	Frontiers in Endocrinology	5.5	Published	PubMed Scopus

16	Prevalence and determinants of self-reported Diabetes in Young adult Indian Population	Raghuram Nagarathna, Parul Bali, AkshayAnand, Vinod Srivastava, Suchitra Patil, Guruprasad Sharma, Krishna Manasa, Viraaj Pannu, Amit Singh, Hongasandra R Nagendra	Frontiers in endocrinology	**5.5**	Published	PubMed Scopus
17	Prevalence of Healthy, PD and Diabetes in North Indian population based on Glycated Hba1c and IDRS	Saurabh Kumar, Dr. Akshay Anand, Dr. R Nagarathna, Navneet Kaur, Deepak Kumar Pal, Dr. Neeru Malik, Dr Amit Singh, Madhava Sai, Viraaj Pannu, Dr. H.R. Nagendra	Endocrinology: Diabetes and Metabolism	NA	Published	Pubmed **Scopus since 2020**
18	Prevalence of Alcohol and tobacco use in Indian and implications for COVID 19 NMB study projections	Madhava Sai, Dr. R Nagarathna, Dr Akshay Anand, Dr. Suchita Patil, Dr. Amit Singh, Dr. H R Nagendra	Journal of medicine and life	NA	Published	PubMed
19	Role of mind-body intervention on lipid profile: A cross sectional study	Priya Mehra, Akshay Anand, R Nagarathna, Shreyas Chawathey, Navneet Kaur, Neeru Malik, Amit Singh, Viraaj pannu, Pramod Avti, Kanupriya Sharma, H R nagendra	IJOY	NA	Published	Pubmed

20	Prevalence of obesity in India and its neurological implications: a multi-factor analysis of a nationwide cross-sectional study	Murali Venkataro,Raghuram Nagarathna, Vijaya Majumdar, Akshay Anand, Amit Singh, Hongasandra R Nagendr	Annals of neurosc ience	2.01	Publishe d	PubMed Scopus
21	Sleep Disorders in individuals with high risk for diabetes in Indian population	Kalyan, Raghuram Nagarathna, Akshay Anand, Amit Singh, Suchitra Patil Hongasandra	Annals of neuroscien ce	2.01	Publishe d	Pubmed Scopus
22	Physical activity patterns in India stratified in zones, age, region, BMI and implications for COVID 19- A nationwide study	Vivek Podder R nagarathna, Akshay Anand, Suchitra Patil, Amit Kumar Singh, H R nagendra	Annals of neuroscien ce	2.01	Publishe d	Pubmed Scopus
23	Trends of Hypertension in India: A nationwide survey reporting the distribution across geographical areas	Sriloy Mohanty, Kashinath Metri,,Raghuram Nagarathna, Akshay Anand, Amit Singh, Suchitra Patil, Hongasandra R Nagendra	Annals of neuroscien ce	2.01	Publishe d	Pubmed Scopus
24	Is the Indian Dietary Pattern associated with type 2 diabetes? A pan-India randomized cluster sample Study	Raghuram Nagarathna, Hongasandra Nagendra ,Sapna Nanda,Amit Singh,Suchitra Patil	Annals of neuroscien ce	2.01	Publishe d	Pubmed
25	Cost of Management of Diabetes Mellitus	Raghuram Nagarathna, Madhava Madanapalli, Amit Singh,Suchitra Patil Hongasandra R Nagendra	Annals of neuroscien ce	2.01	Publishe d	Pubmed
26	The role of Yoga Intervention based on Ayurveda personality types title changed to Ayurveda personality types and role of yoga intervention among the type 2 diabetes mellitus population of	*Madhava Sai, Dr. A Anand, Dr. R Nagarathna, Vivek Podder, Navneet Kaur, Madhava Sai, Deepak Kumar pal, Dr. ishwar, Dr. Neeru Malik, Dr. Amit Singh, Dr. H R Nagendra*	Annals of neuroscien ce	2.01	Publishe d	Pubmed Scopus

27	Prediction of type 2 Diabetes in North India based on Indian Diabetes Risk Score: Is waist Circumference main culprit?	*Kanupriya Sharma, Priya Battu, Akshay Anand, Raghuram Nagarathna, Navneet Kaur Neeru Malik, Amit Singh, Hongasandhra R Nagendra*	Annals of neuroscience	2.01	Published	Pubmed Scopus
28	Depression in high risk type 2 diabetes adults	Raghuram Nagarathna, Hongasandra R Nagendra et al	Annals of neuroscience	2.01	Published	Pubmed Scopus
29	Prospective study of different staple diets of Diabetics in Indian population	Deepali Raghuram Nagarathna, Akshay Anand, Geetarani,Sapnananda Amit Singh, Suchitra Patil, Hongasandra R Nagendra	Annals of neuroscience	2.01	Published	Pubmed Scopus
30	A prospective study on type 2 diabetes complications and efficacy of Integrative Yoga- A pan India 2017 study	Raghuram Nagarathna, Akshay Anand, Amit Singh, Suchitra Patil, Hongasandra R Nagendra	Annals of neuroscience	2.01	Published	Pubmed Scopus
31	Effectiveness of Yoga lifestyle on lipid metabolism in vulnerable population- a community based multicenter study	R Nagarathna, **Saurabh Kumar**, Akshay Anand, Ishwar Acharya, Dr. Amit Singh, Dr Suchitra Patil, Dr. Purnima Datey, Dr. H R Nagendra	Medicines	**NA**	Published	Pubmed
32	Diabetic Yoga protocol improves glycemic, anthropometric and HDL-c levels in high risk individuals of	Navneet Kaur, Vijaya Majumdaar R Nagarathna Neeru Malik Akshay Anand H R Nagendra	Diabetology and metabolic syndrome	**3.32**	Published	PubMed Science direct Scopus

33	Prevalence of Diabetes Mellitus in Chandigarh population, stratified by Blood Pressure, Cholesterol and Body Mass Index	*Kanupriya, Dr. R Nagarathna, Navneet Kaur, Dr. Neeru Malik, Vivek Podder, Dr. Amit Singh, Dr. Akshay Anand, Dr H R Nagendra*	Review of Diabetic Studies (RDS)	NA	Under review	Pubmed Scopus
34	Prevalence of diabetes and pre diabetes pan India NMB 2017	Boulton, Raghuram Nagarathna R, Kashinath Dixit, Girish N Rao, Mariyamma, Akshay Anand, Amit Singh, Hongasandra R Nagendra	Diabetes Care	16.02	Submitted	PubMed Scopus
35	Prevalence of hypertension in diabetes pan India NMB 2017	Raghuram Naghna, Aghoramuthy G, Akshay Anand, Amit Singh, Sridhar Palkuru, Suchitra Patil, Kashinath Metri, Hongasandra R Nagendra	Journal of associati of physicians of India	0.313	Under process	PubMed Scopus