

Indian Yoga Association
5th National State Chapter Conclave
"Chintan Shivar: The Future of IYA"
November 7-9, 2025

Schedule

November 7, 2025

10:00 AM: Check Ins and Allocation of Rooms

11:00 AM: Informal Sessions

1:00 PM – 2:00 PM | Lunch

4:00 PM – 6:00 PM | Inauguration & Opening Session in the presence of *Swami Chidananda Muniji*, (Governing Council Member, IYA), *Swami Bharat Bhushan* (Governing Council Member, IYA), *Dr Ramesh Pokhriyal 'Nishank'* (Former Chief Minister of Uttarakhand and Union Minister of Human Resource Development), *Maa Dr Hansaji Yogendra* (President, IYA), *Shri Subodh Tiwari* (Secretary General, IYA), *Yogacharya Dr Ananda Balayogi Bhavanani* (Joint Secretary, IYA), *Shri SP Mishra* (CEO, PrCB, IYA), *Shri KC Jain* (Treasurer, IYA)

6:00 PM – 6:30 PM | Tea

6:30 PM – 7:30 PM | Satsang with Maa Dr Hansaji Yogendra, President, IYA

7:30 PM – 8:30 PM | Cultural Program by Locals

8:30 PM – 10:00 PM | Dinner

November 8, 2025

6:00 AM – 7:00 AM | Hatha Yoga Session with Yogacharya Dr Ananda Balayogi Bhavanani ji

7:00 AM – 8:00 AM | Nature Walk and Hasya Yog with Yogacharya Dhakaram ji, Senior Vice Chairperson, Rajasthan State Chapter Committee

8:30 AM – 9:30 AM | Breakfast

10:00 AM – 11:00 AM | From Foundation till Present – Indian Yoga Association

- Detailed Presentation on IYA by Shri Subodh Tiwari, Secretary General, IYA
- Presentation on Personnel Board of Certification by Shri SP Mishra, CEO, Personnel Certification Board, IYA

11:00 AM – 12:30 PM | Panel Discussion – Overcoming barriers and strengthening future.

Moderator: Shri Subodh Tiwari

12.30 P.M. – 1.00 PM | Discussion on Yoga 365 – Terms of reference by Ministry of Ayush

1:00 PM – 2:00 PM | Lunch

2:00 PM – 3:00 PM | Informal Interaction

3:00 PM – 4:00 PM | Sannidhi: The Sacred Seeds of Yoga

***An experiential workshop led by Yogacharya Dr Ananda Balayogi
Bhavanani and Yogacharini Anandhi Mary Cecil***

4:00 PM – 5:00 PM | Krida Yoga by Dr. Subramanian Ananda Venkata, Secretary, Karnataka SCC

5:00 PM – 6:00 PM | Tea

6:00 PM – 7:00 PM | Future vision of IYA - Global

Moderated by Yogacharya Dr Ananda Balayogi Bhavanani, Joint Secretary, IYA

7:00 PM – 8:00 PM | Meditation Session with Shri KC Jain, Treasurer, IYA

8:30 PM – 9:30 PM | Dinner

November 9, 2025

6:30 AM – 7:30 AM | Yoga Session by Shri Amit Negi, Joint Secretary, Uttarakhand SSC

8:30 AM – 9:30 AM | Breakfast

9:30 AM – 10:30 AM | Valedictory by Uttarakhand SCC Members

10:30 AM | Checkout