

MINUTES OF THE MEETING OF ADVISORY BOARD AND OFFICE BEARERS OF INDIAN YOGA ASSOCIATION HELD ON 7TH FEBRUARY, 2017 AT SHANTI KUNJ, HARIDWAR

A meeting of the Advisory Board and the Office bearers of Indian Yoga Association (IYA) was held under the Chairpersonship of Swami Baba RamdevJi, PatanjaliYogapeeth, Haridwar on Tuesday, the 7th February, 2017 at 7.00 p.m. at Shanti Kunj, Haridwar. The following were present:

1. Swami Baba Ramdev, Patanjali Yogapeeth, Haridwar
2. Sri Sri Ravi Shankar, Art of Living Foundation, Bengaluru
3. Dr. Pranav Pandya, Dev Sanskriti Vishwavidyalaya, Haridwar
4. Shri Kannan, representative of Sadhguru Jaggi Vasudev, Isha Foundation, Coimbatore
5. Ms. Nandini, representative of Swami Chidananda Muni, Parmarth Niketan, Rishikesh
6. Shri O.P.Tiwari, President, IYA
7. Dr. H.R.Nagendra, Senior Vice President, IYA
8. Swami Bharat Bhushan, Treasurer, IYA
9. Dr. Ishwar Bhardwaj, Gurukul Kangri University, Haridwar
10. Dr. Ishwar V. Basavaraddi, Secretary General, IYA

At the outset, the Secretary General of IYA welcomed the Chairperson of Advisory Board, President of IYA, other members of the Advisory Board and the office bearers of IYA and briefed about the circumstances lead to the establishment of IYA and also apprised about the activities being conducted by the IYA since its inception. After brief discussion, the agenda items were taken up one by one and decision taken as under:

AGENDA ITEM NO.1: RESTRUCTURE, CONSTITUTION AND FUNCTIONS OF INDIAN YOGA ASSOCIATION

The Advisory Board members and their representatives were of the view that the Advisory Board shall be renamed as Governing Council of IYA and shall include more number of heads of the leading Yoga Institutions. It should be given more power for making the policies, etc., since pure Advisory Board does not serve the purpose unless its members are involved in policy making. It was desired to bring all the legends/Yoga masters who have contributed for the promotion, propagation and development of Yoga and shall come up on one platform. Governing Council shall be the overall policy making body of IYA.

After detailed discussion, it was decided that the Advisory Board shall be renamed as the Governing Council of IYA and it should include more number of heads of the leading Yoga Institutions. The Secretary General of IYA in consultation with the members of the Executive Council of IYA and other experts shall propose the names of members to be considered for the

Governing Council. Swami Baba Ramdev had been unanimously nominated as the Chairperson of the proposed Governing Council of IYA. The same could be placed before the EC of IYA for its approval.

Since the Governing Council has been proposed to be the policy making body it is necessary to restructure the different bodies of IYA, e.g. General Body, Governing Council, Executive Council, Finance Committee and other standing committees; its constitution and also redefining the functions of IYA looking into the emerging trends for the promotion and development of Yoga. The members present agreed to the same.

It was decided to establish a Global/International Yoga Federation/Alliance and IYA shall be the first chapter of the proposed Federation/Alliance. The matter may be deliberated with all the Yoga organizations and also the Govt. of India..

AGENDA ITEM NO.2: STRATEGIES FOR THE PROMOTION, DEVELOPMENT OF YOGA IN ALL ITS ASPECTS e.g. EDUCATION, TRAINING, THERAPY, RESEARCH, PROMOTION AND DEVELOPMENT OF YOGA.

The Secretary General of IYA explained the steps taken by IYA and the Govt. of India for the promotion of Yoga Education, training, therapy etc. like introduction of Yoga in School education system through NCERT, introduction of Yoga in education through NCTE, introduction of Yoga in paramilitary, police forces through Ministry of AYUSH and MDNIY, introduction of Yoga in Colleges, Universities, etc. and also steps taken for the promotion of Yoga research.

The Board was of the view that the Yoga education shall be introduced in all education systems starting from school level to university level and there shall be well defined training/educational programmes. A separate therapy programme leading to bringing out the Yoga Therapists, Yoga Physicians/Doctors of Yoga shall be taken up. Fundamental, literary, philosophico-literary and clinical research on Yoga shall be promoted with well defined Yoga protocols. More standardized programmes shall be brought in for promotion and development of Yoga.

AGENDA ITEM NO.3: ISSUES RELATING TO YOGA AWARDS, GUIDELINES AND VISA FOR FOREIGN STUDENTS COMING FOR YOGA STUDY IN DIFFERENT YOGA INSTITUTIONS.

The matter regarding the awards was discussed in length. The Board appreciated the initiative taken by the Hon'ble Prime Minister by announcing one National and one International awards to the Yoga professionals every year. It was decided to have a minimum of 10 years of experience by an individual / organization who have contributed for the body language and his sustainable development for the promotion and development of Yoga. The Jury shall be headed by Hon'ble Minister of AYUSH. There shall be one judge from Supreme Court or High Court, one Vice

Chancellor or Professor of a University, one social worker, a senior bureaucrat of Govt. of India, two eminent Yoga Experts and Secretary (AYUSH) in the JURY.

The nomination for the awards shall be done by the State Governments / leading Yoga Institutions, and listed by the IYA/Indian Mission abroad. The names proposed by the eminent Yoga personalities shall be of national and international repute. But, however, those who present the names for the awards shall not be part of the Jury. The decision regarding awards was taken in the meeting held on 4th February, 2017 separately under the spiritual leadership and guidance of Sri Sri Ravishankar was endorsed by the members.

AGENDA ITEM NO.4: HIRING THE PREMISES FOR THE OFFICE FOR EXPANDING THE ACTIVITIES OF IYA

The Board was of the view that the IYA will need separate premises and therefore may approach the Govt. of India or NDMC to provide suitable space for accommodating the IYA. Dr. H.R. Nagendra, Senior Vice President, Dr. I.V. Basavaraddi, Secretary General, in consultation with the Govt. of India, NDMC or any other authority may identify the best location and building which are suitable for the functioning of IYA and that may be taken up.

AGENDA ITEM NO.5: ISSUES RELATING TO GIVE BROADER OUTLINES TO PrCB/QCI & REGISTRATION RELATIONG ISSUES.

The Board appreciated the initiative taken by the Govt. of India for introducing the scheme of Voluntary Certification of Yoga Professionals with QCI. It was decided that PrCB of IYA shall be strengthened and it shall only be the body for certification since it includes all the heads of leading Yoga Institutions. The Board also recommended that selection of any PrCB or Institution shall be brought before the Scrutiny Committee of QCI chaired by Sri Sri Ravi Shankar.

AGENDA ITEM NO.6: ORGANIZING STATE YOGA FESTIVALS/UTSAVS AND CONSTITUTION OF STATE UNITS OF IYA

The Board appreciated the initiative of Ministry of AYUSH for organizing State Level Yoga Festivals/Utsavs, one in every month, and will extend its full support.

As regards constitution of State Units of IYA, it was desired to strengthen the Central Committee of IYA first with its restructuring, constitution of different bodies etc. and the matter regarding constitution of the other State Units of IYA will be taken up at a later stage.

AGENDA ITEM NO.7: YOGA RESEARCH PROJECTS (YOGA AND DIABETES PROJECT).

The Board appreciated the efforts made by SVYASA under the leadership of Dr. H.R.Nagendra to take up Stop Diabetes Project. It was further desired that IYA shall support this project taken up by SVYASA, which may be the landmark in the research domain.

AGENDA ITEM NO.8: BRINGING UNIFORMITY IN YOGA EDUCATIONAL PROGRAMMES

The Board desired that there should be maximum uniformity in teaching, education, training and therapy programmes in Yoga to avoid misconception in the public. However, an Institution shall follow its own design but however there shall be 75% standardized theory & practices and 25% institutional practice. This ratio shall be maintained by all the institutions. The Secretary General of the IYA shall prepare the guidelines and circulate them to all the member Institutions to bring standards in educational and training programmes.

AGENDA ITEM NO.9: ORGANIZATION OF INTERNATIONAL YOGA FEST TO BE HELD FROM 6-10 MARCH, 2017 AT NEW DELHI

The Secretary General informed that the International Yoga Fest, a curtain raiser programme will be organized by MDNIY and Ministry of AYUSH in the month of March, 2017. The tentative dates shall be between 6 and 10 March, 2017. It was unanimously decided that the IYA shall support and will be leading the collaborative Organizations. But however the final dates may be between 6 and 9 March, 2017. The dates shall be finalized in consultation with the Government and leading Yoga Institutions.

It was also agreed to have the next meeting of the Advisory Board / proposed Governing Council on 8th March, 2017 where the view shall be taken up about the constitution of different bodies, constitution and functions of IYA with the target oriented system.

The Chairperson of the Advisory Board, Swami Baba Ramdevji was of the view that the IYA shall move in a well-defined constitution with target oriented goals and delivery guidelines which will help to promote and develop Yoga in its totality.

Dr. I.V. Basavaraddi, Secretary General of IYA announced to give Rs.1.00 lakh for the corpus fund in his individual capacity. Swami Baba Ramdev has also announced to contribute Rs.1.00 crore for the corpus fund of the IYA.

The meeting ended with a press briefing session, where Dr. Pranav Pandya, Swami Baba Ramdev and Sri Sri Ravishankar briefed the press about the decisions of the Board.

The meeting ended with a vote of thanks to the Chair.