

**MINUTES OF THE FIRST MEETING OF THE GENERAL BODY OF  
THE INDIAN YOGA ASSOCIATION HELD ON 20<sup>TH</sup> APRIL, 2016**

The first meeting of the General Body of Indian Yoga Association was held on 20<sup>th</sup> April, 2016 at 08.00 pm in the Conference Hall, Morarji Desai National Institute of Yoga, 68, Ashoka Road, New Delhi. The following were present:

1. **Shri O. P. Tiwari** President  
Secretary,  
Kaivalyadhama S.M.Y.M. Samiti, Lonavla, Pune-410  
403.
2. **Dr. H. R. Nagendra** Senior Vice President  
Chancellor,  
SVYASA Yoga University,  
19, Eknath Bhavan, Gavipuram Circle,  
Kempgowda Nagar, Bangalore-560019
3. **Dr. S. P. Mishra** Vice President  
Former Vice Chancellor  
(DSVV, Haridwar & Shridhar University Pillani)  
Advisor, Krishna Group of Institutions  
95, Loni Road, Near Hindon Air Force Station,  
Mohan Nagar, Ghaziabad – 201007 (UP)
4. **Yogacharya Swami Bharat Bhushan** Acting Treasurer  
President,  
Mokshayatan Yogashram,  
3/1966, Beri Bagh, Saharanpur, U.P.
5. **Dr. Rajvi H. Mehta** Joint Secretary  
Chief Scientist  
Iyengar Yogashraya,  
126, Senapati Bapat Marg,  
Lower Parel, Mumbai-400013
6. **Dr. M. V. Bhole** Member  
Former Joint Director of Research,  
Kaivalyadham,  
16, Badrivishal Society, Lonavla, Pune-411038
7. **Shri Subodh Tiwari,** Member  
CEO

Kaivalyadhama Yoga Institute,  
Lonavla, Pune. 410403

8. **Dr.S.D.Patil,** Member  
Head, Dept. of Yogic Sciences,  
Degree College of Physical Education,  
H.V.P. Mandal, Amravati
9. **Dr. Samprasad Vinod,** Member  
Director,  
Maharishi Vinod Research Foundation, Shani Mandir,  
2100 Sadashiv Peth, Pune-411030.
10. **YogacharyaShrikrushnaVyavahare** Member  
SahayogMandir,  
Ghantali Colony, SahayogMandir Road,  
Nasik400602.
11. **Dr. Sampadananda Mishra,** Member  
Representative of Sri Aurobindo Ashram,  
Puduchery.
12. **Shri Sunil Maheshwari,** Member  
Representative of The Yoga Institute,  
Shri Yogendra Marg, Prabhat Colony, Santa Cruz  
East,Mumbai-400055.
13. **Shri Birjoo Mehta,** Special Invitee  
Trustee,Light On Yoga Trust,  
4-B, Barodawala Mansion,  
81,Anne Besant Road,  
Worli, Mumbai-400 018
14. **Dr. Ishwar V. Basavaraddi** Secretary  
Director,  
Morarji Desai National Institute of Yoga,  
68, Ashok Road, New Delhi-110001

**Leave of absence:**

1. **Smt. HansajiJayadevaYogendra** Vice President  
Director,  
The Yoga Institute,

Shri Yogendra Marg, Prabhat Colony, Santa Cruz  
East, Mumbai-400055.

2. **Dr. Swami AnantBharati** Member  
Director,  
Keshwananda Yoga Sansthan, B-  
2/139-140, Sector-6, Rohini, New  
Delhi-110085.
3. **Dr. GeetaIyengar** Member  
Director,  
RamamaniIyengar Memorial Yoga Institute,  
1107-B/1, Shivaji Nagar, Pune-411 016
4. **Shri S. Sridharan** Member  
Trustee,  
Krishnamacharya Yoga Mandiram,  
31, Fourth Cross Street,  
R.K.Nagar, Chennai-600028.
5. **Dr. W.Selvamurthy,** Member  
President,  
Amity Science Technology and Innovative  
Foundation, Amity University Campus,  
Sector-125, NOIDA.
6. **Prof. M. Venkata Reddy** Member  
Former Secretary,  
Andhra Pradesh Yoga DhyanParishad,  
Plot No.84, 8<sup>th</sup> Cross Street,  
Trimurthy Colony, Mahendra Hills,  
Secunderabad (AP) – 500 026
7. **Dr. K. Krishna Bhatt** Member  
Former Professor & Chairman,  
Deptt.of H.C. & Yoga Science,  
Mangalore University,  
Mangalgangotri, Mangalore-574119
8. **Dr. Ishwar Bhardwaj** Member  
Professor & Head,  
Deptt.of H.C. & Yoga Science,  
GurukulKangri University, Haridwar-249 404

9. **Dr. Chinmay Pandya** Member  
Director,  
School of Yoga and Health,  
Dev Sanskriti Vishwavidyalaya,  
ShantiKunj, Haridwar-249411
10. **Dr. Ananda Balayogi Bhavanani** Member  
Chairman, ICYER,  
16-A, Mettu Street,  
Chinnamudaliar Chavady, Kottakuppam Puduchery (Via)-605  
104.
11. **Swami Mangalteertham,** Member  
Director,  
Nutan Sanjeevani Sansthan,  
Bela Bagan Math Bari, Post Daburgram, Deoghar, Jharkhand-814112.
12. **Dr. R.L. Bijlani,** Member  
Sri Aurobindo Ashram, Sri  
Aurobindo Road, New  
Delhi.
13. **Shri Vishwas Mandalik,** Member  
Bharatiya Yoga Vidya Dham,  
Yoga Bhavan, College Road,  
Nasik-422005
14. **Swami Atmapriyananda,** Member  
Vice-Chancellor,  
Ramakrishna Mission Vivekananda University, Belur Math,  
Howrah.
15. **Dr. Raghavendra Shenoy,** Member  
Nirmaya Yogakuteeram,  
Ashirwad 9/1 OVH Road, Basavangudi,  
Bangaluru-560004.
16. **Dr. Shirley Telles,** Member  
Director of Research, Patanjali  
Yoga Peeth,  
Haridwar
17. **Dr. C.G. Deshpande,** Member

Professor of Psychology (Retd.)  
13, 'Indira' Gananjaya-1,  
Azad Nagar, Kothrud, Pune-411038

18. **Dr. B.R. Sharma** Member  
Principal,  
GS College of Yoga and Cultural Synthesis, Kaivalyadhama, Lonavla.
19. **Dr.R. Elangovan,** Member  
Prof. & Head, Deptt. Of Yoga,  
T.N. Physical Education & Sports University, Mellakottaiyur, Chennai-600127.
20. **Dr.U.S. Ray,** Member  
Former Scientist, DIPAS  
18/3, KummudGhosal Road,  
Block-B, 2<sup>nd</sup> Floor, Flat-B,  
P.O.Ariadaha, Kolkata-700057

At the outset, Dr. H.R. Nagendra, Senior Vice President of IYA welcomed the President, and all other members present in the meeting. Thereafter the self-introduction was given by all the members. While giving introduction the Senior Vice President said that this was the first meeting of the General Body of IYA and apprised all the members about the development being taken place by the IYA since the inception of the IYA.

It was further informed that during last year the IYA has lost the Founder President of IYA, Yoga Legendary Dr. B.K.S. Iyengar; Swami Veda Bharati, Member and Swami Dharmananda, Treasurer of IYA as they had passed away to their heavenly abode. Their active and selfless role in the establishment of the IYA and for the promotion and propagation of Yoga in India and across the globe was remembered with gratitude followed by observing a two minute silence to pay homage to these departed souls.

After this condolence motion, the agenda items were taken up one by one for discussion with permission of the President.

**AGENDA ITEM NO.1                      APPROVAL OF THE MINUTES OF ALL THE MEETINGS  
(NINE) OF EXECUTIVE COUNCIL HELD ON 5.1.2009,  
2.2.2009, 12.5.2012, 15.2.2014, 30.10.2014, 12.2.2015, 7.4.2015,  
4.11.2015 and 10.4.2016.**

It was informed that the Executive Council of IYA had convened nine meetings till date on 5.1.2009, 2.2.2009, 12.5.2012, 15.2.2014, 30.10.2014, 12.2.2015, 7.4.2015, 4.11.2015 and 10.4.2016 respectively. Since this was the first meeting of the General Body, it was felt prudent to place all the minutes for information.

After discussion, the General Body approved the minutes of the first eight meetings of the Executive Council. As regards the ninth meeting of EC the General Body under agenda item No.3(3) under the head 'Selection and Duties of the Chairman & Secretary' decided to modify point-6 to be read as "**The Secretary of IYA shall act as Secretary of the Advisory Board and in the absence of Secretary, Joint Secretary will act as Secretary of the Advisory Board.**" With this modification the minutes of the ninth meeting were also approved by the General Body.

**AGENDA ITEM NO.2 TO REPORT THE AUDITED STATEMENT OF ACCOUNTS OF IYA FOR THE YEARS 2009-10, 2010-11, 2011-12, 2012-13, 2013-14, 2014-15 DULY AUDITED BY THE CHARTERED ACCOUNTANTS FOR APPROVAL**

It was informed by the Secretary of IYA that the accounts of the IYA for the financial years 200910, 2010-11, 2011-12, 2012-13, 2013-14, 2014-15 were got audited by the Chartered Accountants duly approved by the Executive Council. The General Body noted and post facto approved the audit report and audited statement of Accounts of IYA for the financial years 200910, 2010-11, 2011-12, 2012-13, 2013-14, 2014-15.

**AGENDA ITEM NO.3 TO APPROVE THE AMENDMENTS MADE IN THE MEMORANDUM OF ASSOCIATION AND RULES & REGULATIONS OF IYA MADE FROM TIME TO TIME BY THE EXECUTIVE COUNCIL AND ALSO THE PROPOSED AMENDMENTS.**

The matter regarding modifications made and the changes proposed to be considered for incorporation in the Rules and Regulations of IYA was discussed at length. The General Body approved the following modifications and the changes proposed, in the Rules and Regulations:

1. The Core Committee, which was set up with the approval of the President, IYA has now been renamed as Working Committee in the 9<sup>th</sup> meeting of EC held on 10<sup>th</sup> April, 2016 vide Agenda Item No.4.  
**Resolution:** "The Core Committee is renamed as **Working Committee** and shall have the same constitution".
2. The Advisory Board was constituted in the 9<sup>th</sup> meeting of EC held on 10<sup>th</sup> April, 2016 vide Agenda Item No.3 (2)(2). The Advisory Board shall consist of five Advisors for the present (i) Swami Ramdev; (ii) Sri Sri Ravi Shankar; (iii) Sadguru Jaggi Vasudev; (iv) Dr. Pranav Pandya; and (v) Swami Chidananda Muni. The E.C. further decided that the Executive Council may nominate additional members through a unanimous decision. The members of the Advisory Board should be those who have made substantial impact for the promotion and development of Yoga. It was also decided that Swami Ramdev Ji will be the first

Chairman of the Advisory Board. Secretary, IYA shall communicate the same to all the members of the Advisory Board.

Accordingly the following will be incorporated in the Rules and Regulations of IYA at paras 1.1 and 10-A & 10-B as under:

**Para 1.1      DEFINITIONS**

xi-a. "Working Committee" means the Working Committee of the Indian Yoga Association. xi-b. "Advisory Board" means the Advisory Board of the Indian Yoga Association.

**10-A.          WORKING COMMITTEE**

There shall be a Working Committee of the Indian Yoga Association consisting of the following:

- (a) Chairperson
- (b) Three members out of EC members
- (c) Secretary, IYA

The Senior Vice President of the IYA shall be the Chairperson of the Working Committee and the other members will be nominated by the E.C. in consultation with the Chairperson of the Working Committee.

The Working Committee shall discuss various issues including policy matters for making efforts for the development of the activities of the Association and recommend to the E.C. for expediting the working of IYA on priority basis. The Working Committee shall meet frequently and make all out efforts to speed up the activities of the IYA.

**10-B.          ADVISORY BOARD**

There shall be an Advisory Board of IYA, the role of which will be advisory in nature. The Advisory Board shall comprise of minimum five members and the membership shall not exceed 07 (seven) at the most. The Executive Council may nominate additional members to the Advisory Board through a unanimous decision. The members of the Advisory Board should have made substantial contribution for the promotion and development of Yoga.

The Advisory Board shall function when there are at least five Members nominated by the EC, on the Board.

- (i) The Advisory Board will consist of eminent Yoga Gurus and Acharyas who have contributed a large way towards promotion and development of Yoga;
- (ii) The names of the members shall be approved by the Executive Council, after which an invitation shall be sent to them by the Secretary, IYA on behalf of the Association;
- (iii) The Members of the Advisory Board shall also be called Patrons of the Association.

**10-B.1 Term of reference of the Advisory Board:**

- (a) The Advisory Board will be the guiding force of the Indian Yoga Association.
- (b) Matters relating to the formulation of policies and principles of the Indian Yoga Association shall be guided by the Advisory Board and as such shall be put for discussion in the meeting of the Advisory board.
- (c) The targets and achievements, Vision and Mission of IYA shall be guided by the Advisory Board.

**10-B.2 Meetings of the Advisory Board:**

- (a) The Advisory board shall meet as often as deemed necessary as per the directions of the Chairman of the Advisory Board. Secretary, IYA shall call the said meeting as per the directions of the Chairman of Advisory Board by serving the Members with seven clear days' notice and circulate the agenda of the meeting, if any, with the notice.
- (b) Three persons will form the quorum

**10-B.3 Selection and Duties of the Chairman & Secretary**

- (a) The Chairman of the Advisory Board will be on rotation for one year.
- (b) The Board itself will determine its policy for the said rotation.
- (c) The Chairman of Advisory Board shall preside over all the meetings of the Advisory Board.
- (d) If the Chairman happens to be absent at a particular meeting, the Members present at that meeting shall elect their own Chairman.
- (e) All the decisions shall be taken by the Advisory Board unanimously or consented by the majority of the members present.
- (e) The Secretary of IYA shall act as Secretary of the Advisory Board and in the absence of Secretary Joint Secretary will act as Secretary of the Advisory Board.



3. The heading of para 8.3 **PROCEEDINGS OF THE STANDING RESEARCH COMMITTEE** has been wrongly mentioned and shall thus be corrected as **PROCEEDING OF THE STANDING FINANCE COMMITTEE**.
4. It is envisaged that IYA should be all inclusive. Therefore, the Institutes/Centres having a minimum of 3 years of standing, meeting the following conditions may be invited/may apply for General Institutional Membership:
  - a. Certificate of incorporation / Registration with society / Charity Commissioner b. Pan Card
  - c. Copy of constitution/ MOA/Bye Laws
  - d. Financial statement for last three years or years of existence, duly audited by Chartered Accountants,( in case it is less than three years).
  - e. Working Committee will consider the applications and confirm the General Membership.

Accordingly, the para in this regard shall be added as Sl.No.(iii) of para 3.2 of the Rules and Regulations of IYA, as under:

3.2(iii) The Institutes/Centres of Yoga having a minimum of 3 years of standing, meeting the conditions (i) Certificate of incorporation/Registration with Society/Charity Commissioner; (ii) Pan Card; (iii) Copy of constitution/MoA/Bye-laws; (iv) financial statements for last three years or year of existence, duly audited by Chartered Accounts (in case it is less than three years), may be invited/may apply for General Institutional Membership. The Working Committee will consider the applications and confirm the General membership.”

5. Para 3 of the Rules and Regulations which was modified by the E.C. in its 3<sup>rd</sup> meeting held on 12.5.2012 by reconstituting the General Body, part-II has again been again modified by the GB in view of the changes at Governmental level, as under:

<b>Existing</b>	<b>Modified</b>
one representative each from the following 5 Govt. departments amongst officers not below the rank of Director: (a) Ministry of External Affairs; (b) Ministry of Home Affairs; (c) Department of AYUSH, Ministry of Health & F.W.; (d) Department of Education, Ministry of HRD; (e) Ministry of Culture.	one representative each from the following 5 Govt. departments amongst officers not below the rank of Director: (a) Ministry of AYUSH; (b) Ministry of Health & Family Welfare; (c) Ministry of External Affairs (b) Ministry of Home Affairs; (c) Ministry of HRD.

By virtue of this modification, the para 1(xiv) regarding ex-officio members shall be modified as under:

xiv. "Ex-officio Member" means the member who believes in the aim and objectives of the Association and who by virtue of the official status becomes a member of the Association as defined in Rule 3.1, Heads of the Yoga Institutions as given in ANNEXURE-A, **one representative each from the following 5 Govt. departments amongst officers not below the rank of Director: (a) Ministry of AYUSH; (b) Ministry of Health & Family Welfare; (c) Ministry of External Affairs; (d) Ministry of Home Affairs; and (e) Ministry of HRD.**"

6. Para 4.1 of the Rules and Regulations of IYA regarding composition of the Executive Council was modified as under:

4.1 The Executive Council shall consist of the following officials:

Sl.No.	Designation in the Executive Council	No.
1.	President	1
2.	Senior Vice-President	1
3.	Vice-President(s)	2
4.	Secretary	1
5.	Joint Secretary	1
6.	Treasurer	1
7.	Executive Members (Elected)	6
8.	Executive Members (Nominated)	6
9.	Ex-officio Members	2
	<b>TOTAL</b>	<b>21</b>

The G.B. decided that a corrected copy of the Rules and Regulations of IYA by making all the approved modifications/corrections shall be placed before the EC for perusal.

**AGENDA ITEM NO.4 TO CONSIDER TO APPOINT AN HONORARY LEGAL CONSULTANT FOR IYA.**

It was informed that the IYA is growing rapidly and in order to look into the legal aspects of the matters and also to prepare bye-laws of IYA, a legal consultant is required to be engaged. The General Body considered and resolved as under:

**Resolution : The General Body resolves that M/s Parekh & Co., Advocates, are appointed as Honorary Legal Consultant in Indian Yoga Association.**

**AGENDA ITEM NO.5**

**TO APPOINT THE AUDITORS FOR CONDUCTING AUDIT OF IYA FOR THE YEAR 2015-16 AND 2016-17**

It was informed that earlier the audit of the accounts of IYA is being carried out by M/s SDM & Co. and M/s Prabhat Jain & Co. Chartered Accountants. The General Body unanimously resolved to appoint M/s Prabhat Jain & Co., Chartered Accountants, as Auditors for conducting the audit of the accounts of IYA for the years 2015-16 and 2016-17.

**AGENDA ITEM NO.6 TO APPROVE TO OPEN A SEPARATE BANK ACCOUNT FOR Pr.C B WITH C.E.O. AS ONE OF THE SIGNATORIES.**

It was informed that since a separate office for Pr.C.B. of IYA has been started in the MDNIY and the EC has decided in its 9<sup>th</sup> meeting that the operating capital shall be collected from willing institutes/individuals ready to offer the amount as an advance and Kaivalyadhama and SVYASA have committed to pay Rs.5.00 lakh advance each. The G.C. decided to open a separate Bank Account in a Nationalised Bank with joint signatories of CEO appointed for Pr.C.B. and the Secretary, IYA, in continuation of para 11(ii) of the Rules and Regulations of Indian Yoga Association and resolved as under:

It was therefore resolved that “a separate Savings Bank Account may be opened in a Nationalized Bank in the name of Indian Yoga Association for its Pr.C.B. which shall be operated jointly by and under the signatures of Dr.I.V. Basavaraddi, Secretary, IYA and Dr. S.P. Mishra, CEO, Pr.C.B. of Indian Yoga Association”.

**AGENDA ITEM NO.7 TO RECONSTITUTE THE EXECUTIVE COUNCIL AND HOLD NOMINATIONS/ELECTIONS TO THE EXECUTIVE COMMITTEE.**

The Executive Council was earlier reconstituted in the 3<sup>rd</sup> meeting of the Executive Council held on 12<sup>th</sup> May, 2012 for a period of three years. The three years have expired long back and the Executive Council in its 9<sup>th</sup> meeting held on 12<sup>th</sup> April, 2016 has very kindly consented to grant post-facto extension to the existing Executive Council for a period of one year or till the date of the re-constitution of next Executive Council, whichever is earlier.

**Further** in view of the sudden demise of Swami Dharmananda, Treasurer of the IYA, the Executive Council has nominated Swami Bharat Bhushan, President, MokshayatanYogashram, Saharanpur as an Acting Treasurer.

As the extended period of one year of the Executive Council was nearing completion, it became imperative to constitute the Executive Council. After a detailed discussion on the matter, all the members of the General Body unanimously agreed to the following constitution of the Executive Council:

S.No.	Name and Address	Designation
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1.	<b>Shri O. P. Tiwari</b> Secretary, Kaivalyadhama S.M.Y.M. Samiti, Lonavla, Pune-410 403.	President
2.	<b>Dr. H. R. Nagendra</b> Chancellor, SVYASA Yoga University, 19, Eknath Bhavan, Gavipuram Circle, Kempgowda Nagar, Bangalore-560019	Senior Vice President
3.	<b>Dr. S. P. Mishra</b> Former Vice Chancellor (DSVV, Haridwar & Shridhar University Pillani); Advisor, Krishna Group of Institutions 95, Loni Road, Near Hindon Air Force Station, Mohan Nagar, Ghaziabad – 201007 (UP)	Vice President
4.	<b>Smt. Hansaji Jayadeva Yogendra</b> Director, The Yoga Institute, Shri Yogendra Marg, Prabhat Colony, Santa Cruz East, Mumbai-400055	Vice President
5.	<b>Dr. Ishwar V. Basavaraddi</b> Director, Morarji Desai National Institute of Yoga, 68, Ashok Road, New Delhi-110001	Secretary
6.	<b>Dr. Rajvi H. Mehta</b> Chief Scientist Iyengar Yogashraya, 126, Senapati Bapat Marg, Lower Parel, Mumbai-400013	Joint Secretary
7.	<b>Yogacharya Swami Bharat Bhushan</b> President, Mokshayatan Yogashram, 3/1966, Beri Bagh, Saharanpur, U.P.	Treasurer
8.	A Representative of Ministry of AYUSH (not below the rank of Director) B-Block, GPO Complex, INA, New Delhi.	Ex-Officio Member
9.	A Representative of Department of School Education (Not below the rank of Director) Ministry of Human Resource Development, Shastri Bhavan, New Delhi.	Ex-Officio Member

10.	<b>Dr. GeetaIyengar</b> <b>Director</b> RamamaniIyengar Memorial Yoga Institute, 1107-B/1, Shivaji Nagar, Pune-411 016	Executive Member
11.	<b>Dr. Ananda BalayogiBhavanani</b> <b>Chairman, ICYER,</b> 16-A, Mettu Street, ChinnamudaliarChavady, Kottakuppam Puduchery (Via)-605 104.	Executive Member
12.	<b>Shri S. Sridharan</b> Trustee, Krishnamacharya Yoga Mandiram, 31, Fourth Cross Street, R.K.Nagar, Chennai-600 028	Executive Member
13.	<b>Dr. Chinmay Pandya</b> Pro Vice-Chancellor, Dev SanskritiVishwavidyalaya, GayatriKunj, Haridwar-249411	Executive Member
14.	<b>Swami RitavanBharati,</b> AshamPramukh& Spiritual Guide, Swami Rama SadhakaGrama, Virbhadra Road, VirpurKhur, PO-Pashulok, Uttarakhand-249203	Executive Member
15.	<b>Dr. Sampadananda Mishra</b> Sri Aurobindo Society, Puduchery.	Executive Member
16.	<b>Dr. Ishwar Bhardwaj</b> Professor & Head, Deptt. of H.C. & Yoga Science, GurukulKangri University, Haridwar249 404.	Executive Member
17.	<b>Dr. M. V. Bhole</b> Former Joint Director of Research, Kaivalyadham, 16, Badrivishal Society, Lonavla, Pune-411038.	Executive Member

18.	<b>Shri Subodh Tiwari, C.E.O.</b> Kaivalyadhama Yoga Institute, Swami Kuvalyananda Marg, Lonavla, Pune-410403	Executive Member
19.	<b>Dr. Samprasad Vinod,</b> Director, Maharishi Vinod Research Foundation, Shani Mandir, 2100 Sadashiv Peth, Pune-411030.	Executive Member
20.	<b>Dr. R.L.Bijlani,</b> Sri Aurobindo Ashram, Sri Aurobindo Road, New Delhi.	Executive Member
21.	<b>Dr.S.D.Patil,</b> Head, Dept. of Yogic Sciences, Degree College of Physical Education, H.V.P. Mandal, Amravati.	Executive Member

The General Body further desired that the members of the Executive Council may be informed accordingly.

The meeting ended with a vote of thanks to the Chair.