



MINUTES OF THE EIGHTH MEETING OF EXECUTIVE COUNCIL OF THE INDIAN YOGA ASSOCIATION HELD ON 4TH NOVEMBER, 2015

The eighth meeting of the Executive Council of Indian Yoga Association was held on 4th November, 2015 at 11.30 a.m. under the Chairmanship of Shri O.P. Tiwari, President of IYA in the Conference Hall of Morarji Desai National Institute of Yoga, 68, Ashok Road, New Delhi. The following were present:

1. **Shri O.P.Tiwari,** President
Secretary,
Kaivalyadhama SMYM Samiti,
Lonavla, Pune-410403.
2. **Dr.H.R.Nagendra,** Senior Vice-President
Chancellor,
SVYASA University,
19, Eknath Bhavan, Gavipuram Circle,
Kempgowda Nagar, Bangalore-560019.
3. **Dr.S.P.Mishra,** Vice-President
Former Vice Chancellor, DSV
B-42, Parivahan Apartments,
Sector-5, Vasundharam,
Ghaziabad, U.P.
4. **Smt. Hansa Jayadev,** Vice-President
Director,
The Yoga Institute,
Shri Yogendra Marg, Prabhat Colony,
Santa Cruz(E),Mumbai-400005.

- | | | |
|-----|--|------------------|
| 5. | Swami Dharmananda,
Director,
Adhyatma Sadhana Kendra,
Mehrauli Road, Chhatarpur,
New Delhi-110030. | Treasurer |
| 6. | Dr.Swami Anant Bharati,
Director,
Keshwananda Yoga Sansthan,
B-2/139-140, Sector-6, Rohini,
New Delhi-110085. | Executive Member |
| 7. | Yogacharya Swami Bharat Bhushan,
President,
Mokshayatan Yogashram,
3/1966, Beri Bagh,
Saharanpur, U.P. | Executive Member |
| 8. | Dr.K.Krishna Bhatt,
Former Professor & Chairman,
Deptt. of H.C. & Yoga Science,
Mangalore University,
Mangalgangotri, Mangalore-574119. | Executive Member |
| 9. | Shri Subodh Tiwari,
Joint Director (Admn.)
Kaivalyadhama Yoga Institute,
Lonavla, Pune-410403. | Executive Member |
| 10. | Dr.Ishwar V.Basavaraddi,
Director,
Morarji Desai National Institute of Yoga,
68, Ashok Road, New Delhi-110001 | Secretary |

Leave of Absence:

The following members were in leave of absence for the meeting:

- | | | |
|----|---|------------------|
| 1. | Dr. Rajvi H. Mehta
Chief Scientist
Iyengar Yogashraya,
126, Senapati Bapat Marg, Lower Parel, Mumbai-400013 | Joint Secretary |
| 2. | Representative
Swami Rama Sadhaka Gram, Virpur Khurd,
Virbhadra Road,
P.O. Pashulok, Rishikesh-249203 | Executive Member |

3. **Dr. Geeta Iyengar** Executive Member
Director
Ramamani Iyengar Memorial Yoga Institute,
1107-B/1, Shivaji Nagar, Pune-411 016
4. **Shri S. Sridharan** Executive Member
Trustee,
Krishnamacharya Yoga Mandiram,
31, Fourth Cross Street, R.K.Nagar, Chennai-600 028
5. **Prof. M. Venkata Reddy** Executive Member
Former Secretary,
Andhra Pradesh Yoga Dhyan Parishad,
Plot No.84, 8th Cross Street, Trimurthy Colony,
Mahendra Hills, Secunderabad (AP) – 500 026
6. **Dr. Ishwar Bhardwaj** Executive Member
Professor & Head,
Deptt. of H.C. & Yoga Science,
Gurukul Kangri University, Haridwar-249 404
7. **Dr. M. V. Bhole** Executive Member
Former Joint Director of Research,
Kaivalyadham,
16, Badrivishal Society, Lonavla, Pune-411038
8. **Dr. Ananda Balayogi Bhavanani** Executive Member
Chairman, ICYER,
16-A, Mettu Street,
Chinnamudaliar Chavady, Kottakuppam, Puduchery (Via)
9. **Dr. Chinmay Pandya** Executive Member
Pro Vice-Chancellor,
Dev Sanskriti Vishwavidyalaya,
Gayatri Kunj, Haridwar-249411

Other IYA Officials present for the meeting

11. **Shri. Ravi T,** IYA Office
Project Associate,
Indian Yoga Association,
68, Ashok Road, New Delhi-110001
12. **Smt. Shalini Srivastava,** IYA Office
Operations Manager,
Indian Yoga Association,
68, Ashok Road, New Delhi-110001

The meeting was commenced with collective prayer.

Dr. Ishwar V. Basavaraddi, Secretary, Indian Yoga Association welcomed all members of Executive Council. With permission of the Chairman the following agenda items were discussed:

AGENDA ITEM NO.1: Confirmation of the minutes of the 7th meeting of Executive Council of IYA held on 7th April 2015 at Morarji Desai National Institute of Yoga, New Delhi.

The Secretary (IYA) informed that the minutes of the 7th meeting of Executive Council held on 7th April 2015 were circulated among the members. No comments have been received. Therefore, the minutes of the 7th meeting of Executive Council were confirmed.



AGENDA ITEM NO.2: Action Taken Report on the minutes of the 7th meeting of Executive Council of IYA held on 7th April 2015.

1. The Secretary reported that Aurobindo Society confirmed its Founding Membership. Accordingly, nine of the 15 founding members are currently active in the Association.
It was decided that Sivananda Ashram (The Divine Life Society, Rishikesh) will not be pursued for the moment.
It was decided to pursue further with the other five inactive members regarding confirmation of their membership. The following members of the Executive Council will follow up with the different institutions:

Action:

Sl No.	Followup by	Institution
1	Dr.H.R.Nagendra	Bihar School of Yoga
2	Dr.Ishwar V.Basavaraddi	a. Dev Sanskriti Vishwavidyalya, Haridwar b. Ramakrishna Mission Vivekananda University, Belur
3	Swami Dharmananda	Preksha International, Jain Vishwabharti, Ladnun
4	Shri Subodh Tiwari	Vipasana International Academy, Igatpuri

ECM will confirm the final list of Founder Members by 31st December, 2015.

2. In view of the interest shown by other institutes to become members of the Association, it was resolved to make another group of Leading Yoga Institutions (Invited). It was decided that these institutions will be the members of the General Body with the voting process.
 - a. The criteria for selection of Leading Yoga Institutions (Invited) were developed by Smt Hansa Jayadev Yogendra, Director, Standing Accreditation Committee.
 - b. Approved Criteria given by Director, Accreditation committee is:
 - i. *The individual Yoga Centre/Yoga Institute/Yoga Centre/ Yoga School -desiring accreditation must fulfill maximum of the following criteria -*
 1. *Be a Registered Centre as a Trust or Society.*
 2. *Have been operational and have had at least a minimum of ten years of experience in the domain of point numbers 3, 8, 9, 10 and 11.*
 3. *Have offered and conducted*
 - a. *Teachers Training courses*
 - b. *Better living courses or its equivalent*
 - c. *Regular Yoga practice classes*
 - d. *Therapeutic workshops/seminars/sessions*
 - e. *Other Yoga related courses*
 4. *Specify the work done/courses conducted in following areas*
 - a. *Certificate in Yoga/ Diploma in Yoga (these can relate to Hatha Yoga and associated practices and/or theory of the same and/or Philosophy of Yoga)*
 - b. *B.A/B.Sc in Yoga*
 - c. *M.A/M.Sc in Yoga*
 5. *Specify its Publications – books, magazines*
 6. *Number of research papers published*
 7. *Seminars held on various themes/topics on Yoga and associated subjects.*
 8. *Minimum 300 students should have been trained per year.*

9. *The minimum Teachers Training course duration is 200 hrs.*
10. *Spiritual/Philosophical (basics of ancient Indian Philosophy) training essential along with practice of Hatha Yoga (Asanas), Pranayamas and Kriyas.*
11. *Mind-management as part of Yoga Training has been included (with emphasis on the Yoga Sutras).*
12. *Must be a registered member of Indian Yoga Association (IYA)
(If not, Institutions are welcome to become members. The membership fees are Rs. 1,00,000/- only).*
13. *Specify the categories of students/people the Institution appeals to.*
14. *The Institution must be actively promoting the true Spirit of Yoga.*

c. The following institutes will be invited first:

- i. Patanjali Yogpeeth (Divya Yoga Mandir (Trust)), Haridwar
- ii. Isha Foundation, Coimbatore
- iii. Art of Living Foundation, Bengaluru
- iv. Parmarth Niketan, Rishikesh
- v. Ashtanga Yoga Mandiram, Mysore
- vi. Yoga Vidya Niketan, Mumbai
- vii. Ghantali Mitra Mandal, Thane
- viii. Yoga Vidyadham, Nasik

3. It was decided to form an Advisory Council of the Association. The role of the Advisory Council will be advisory in nature. The Advisory council will include eminent Yoga Gurus and Acharyas. The members of the Advisory Council will be called **Patrons**. The following eminent yoga Gurus and Acharyas will be invited to the Advisory Council:

Swami Ramdev, Sri Sri Ravi Shankar, Dr. Pranav Pandya, Chidanand Muni, Jaggi Vasudev Sadguru

Action: Secretary, IYA

4. The Secretary informed that so far 16 members have confirmed and paid the Lifetime General Membership. Two invitees have turned down the invitation to join as Lifetime members of the Association. It was also resolved to invite more Lifetime General Members to IYA.

The members of the EC would recommend names for Lifetime General Membership to Director, Standing Accreditation Committee. Standing Accreditation Committee would evaluate and submit final recommendations to EC for it to finalize.

a. Criteria for evaluation of Lifetime General Members would be developed by Smt Hansa Jayadev Yogendra, Director, Standing Accreditation Committee

- b. Recommendation of names to the Lifetime General Membership of the Association
5. It was also decided to start accreditation of Yoga Teachers under the IYA. The fees for accreditation will be Rs.1500 for a period of 3 years.
- a. It was decided to prepare a syllabus for carrying out these exams.
Action: Dr Krishna Bhatt, Director, Standing Academic Committee
 - b. It was decided to develop a criteria for selection of Yoga Teachers.
Action: Smt Hansa Jayadev Yogendra, Director, Standing Accreditation Committee



AGENDA ITEM NO.3: To consider the Audit of accounts of IYA for the financial year 2013-14.

The annual accounts for the year 2014-15 prepared and audited by the Chartered Accountants were noted and approved by the Executive Council.

AGENDA ITEM NO.4: To consider the recommendations of the 2nd Core Committee meeting held on 30th Aug, 2015.

The Secretary (IYA) informed that a Core Committee meeting was held under the Chairmanship of Shri. O.P.Tiwari, President IYA on 30th August 2015. The Executive Council discussed the minutes and approved the same.

AGENDA ITEM NO.5: To consider the outline and design of the IYA website, hiring of website development agency including the financial implications.

The progress on the website was updated. It was informed that the website should have details of all members. It was informed to the EC that the progress would be updated from time to time.



AGENDA ITEM NO.6: To finalize the membership benefits and discuss the steps to be taken to increase member registrations multifold.

After discussions, it was decided that the all Executive Council members and Founder Institutions would make efforts to increase IYA membership

Action: Founder Institutions and Executive Council Members of IYA

AGENDA ITEM NO.7: To consider the application by IYA for becoming a PrCB for QCI.

Keeping in mind the requirements of the QCI and to achieve the targets envisaged by the Government of India, IYA office will take QCI PrCB application on priority and will start working with immediate effect on setting up office and human resources for the same.

Action: Secretary, IYA

AGENDA ITEM NO.8: To consider organization of 1 day National Seminar on the Contributions of Yogacharya Dr.B.K.S.Iyengar and traditional Yoga techniques and practices.

It was decided that the proposed National Seminar would be done in Delhi in the month of April/May, 2016. It was also decided that Secretary, IYA may consult Smt.Geeta Iyengar for the dates and their concurrence to the conduct of the seminar. It was decided to request Ministry of AYUSH for support to hold this conference and financial assistance.

Action: Secretary, IYA

AGENDA ITEM NO.9: To consider the preparation of Coffee Table Book of IYA Member Institutes.

The members discussed the importance of the coffee table book to be published. It was decided to distribute the works amongst the member institutions.

a. Digital Designing

Action: Mr. Subodh Tiwari, Member, EC, IYA

b. Dr. Ananda Balayogi Bhavanani will be requested to take care of the content editing for the coffee table book.

Action: Dr. Ananda Balayogi Bhavanani, Member, EC, IYA

c. Efforts shall be made to get financial assistance to publish the same by different Govt. /Non-Govt. organizations.

Action: Dr Ishwar Basavaraddi, Secretary, IYA

AGENDA ITEM NO. 10 : To consider amendment in the MOA of IYA.

A committee was constituted with Dr. Nagendra, Dr. Krishna Bhatt, Dr. S.P.Mishra, Shri. Subodh Tiwari and Dr. Basavaraddi for amendment of the MOA of IYA. It was decided that a first draft of the revisions be prepared and circulated amongst the committee members.

Action: Mr. Subodh Tiwari, Member, EC, IYA

AGENDA ITEM NO.11: To consider budget of IYA for the year 2015-2016

The budget estimates for year 2015-2016 was placed for the consideration of the Committee. The members approved it.

Resolution No. 1

Since there is shortage of funds for immediate operational expenses, it was resolved that the Association will use the funds collected through Lifetime General Membership for immediate administrative expenses.

Action: Secretary, IYA and Treasurer, IYA

AGENDA ITEM NO.12: Any other item with permission of the Chair

With the permission of the Chair following issues were discussed and resolutions were confirmed:

a.

Resolution No. 2

It was decided that all organization misusing 'Indian' 'yoga' 'association' in their names would be identified and action initiated by invoking RTI with the Registrar Of Societies and Ministry of Company Affairs

Action: Secretary, IYA

b.

Resolution No. 3

It was resolved that a saving banks account will be opened exclusively for the purpose of Foreign Contribution Regulations Act (FCRA)

Action: Secretary, IYA and Treasurer, IYA

c.

Resolution No. 4

It was resolved that the Association will be registered under 12 AA / 80 G tax exemption

Action: Secretary, IYA and Treasurer, IYA

d.

Resolution No. 5

It was resolved that the Association website will use Instamojo payment gateway for collection of online payments with a transaction fees of 1.9% per transaction.

Action: Secretary, IYA

The next Executive Committee may be called on during the International Seminar to be held at SVYASA next year in the month of January.

The meeting ended with a collective prayer.