

**INDIAN YOGA ASSOCIATION**

A Self-regulatory body of Leading Yoga Institutes of India

**Regd. Office: Morarji Desai National Institute of Yoga**

**68, Ashok Road, New Delhi-110 001**

**AGENDA NOTES**

**15<sup>th</sup> MEETING OF THE EXECUTIVE COUNCIL  
(TUESDAY, THE 27<sup>TH</sup> FEBRUARY 2018)**

**VENUE:  
MEETING HALL,  
PHD HOUSE, 4/2 SIRI INSTITUTIONAL AREA,  
AUGUST KRANTI MARG, NEW DELHI 1100160**

**Fifteenth meeting of the Executive Council of Indian Yoga Association  
27<sup>th</sup>February 2018 at 11:00 A.M.**

**I N D E X**

| Agenda No. | Particulars                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
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| 1          | CONFIRMATION OF THE MINUTES OF THE 14 <sup>TH</sup> MEETING OF EXECUTIVE COUNCIL OF IYA HELD ON 21 <sup>ST</sup> DECEMBER 2017.<br>Action: Minutes of the 14 <sup>th</sup> EC were confirmed                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| 2          | TO REPORT ACTION TAKEN ON THE MINUTES OF THE 14 <sup>TH</sup> MEETING OF THE EXECUTIVE COUNCIL OF IYA HELD ON 21 <sup>ST</sup> DECEMBER 2017.<br>Action:<br>a. As per the 14 <sup>th</sup> EC, the General Body meeting was convened on the 5 <sup>th</sup> February 2018.<br>b. The R&R was suitably amended by the GB as per the recommendations of the EC and the <u>a</u> dhoc Committee<br>c. Gratitude expressed towards the previous EC and the outgoing President Sri OP Tiwari ji and their contribution recognized.-<br>d. New President Dr. HR Nagendra was welcomed. As per the decision in the General Body new Executive Council was formed |

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**President – Dr. HR Nagendra**  
**Senior Vice President – Smt Hansa Yogendra Jayadeva**  
**Vice President – Dr. SP Mishra**  
**Vice President – Sri Subodh Tiwari**  
**Secretary General – Smt Kamlesh Barwal**  
**Joint Secretary – Dr. Jaideep Arya**  
**Joint Secretary – Sri Ravi Tumuluri**  
**Treasurer – Sri PC Kapoor**  
**Director Standing Finance Committee (I/C) – PC Kapoor**  
**~~Director Standing Finance Committee~~**  
**Director Standing Academic & Accreditation Committee – Swami Atmapriyananda**  
**Director Standing Research Committee – Dr R Nagarathna**  
**Director Standing Publicity, Publications & PR Committee – Sadhvi Bhagawati Saraswati**  
**~~Director Standing Publicity, Publications & PR Committee~~**  
**Director Standing Legal & Standards (I/C) – Sri Subodh Tiwari**  
**~~Director Standing Legal & Standards~~**  
**CEO PrCB – Dr SP Mishra**

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Consent of all members of the new EC were recorded. All EC members were asked to submit their updated CVs and their KYC documents at the earliest.

- 3** DISCUSSION FOR MEETING AND AGENDA FOR GOVERNING COUNCIL  
Action: EC expressed a need for a meeting of the Governing Council of the IYA at the earliest. Accordingly, EC through the President, would seek the most convenient dates of the Chairman, GC to help convene the first GCM. This is required to take stock of developments so far as also to seek a roadmap for the future.  
At this point, it was also resolved that the contribution pledged of INR. One Crore by the Hon. Chairman, GC would be sought as reserve fund to the extent of 80%, that may be utilized as seed money for for acquisition and building of infrastructure for IYA in Delhi and fund to the extent of 20% shall be used for identified operational expenses.  
Action: The SG would write a letter to the Chairman, GC for the same.

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|   | Timeline: One week                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| 4 | <p>RECORDING THE HAND OVER AND DOCUMENTS</p> <p>Action: The <del>Secretary General</del>SG would take physical stock taking of all the documents which have already been locked away in the old IYA office room at MDNIY</p> <p>Timeline: One week</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| 5 | <p>RESOLUTION FOR SIGNATORIES FOR BANK</p> <p>It was informed that IYA has two accounts at SBI and one at erstwhile State Bank of Travancore (now SBI). The PrCB has an account in Punjab National Bank. The Diabetes Control Project has an account in Punjab National Bank</p> <p>Resolution:•</p> <p>It was resolved that the signatories for <u>all</u> the <del>three SBI</del> bank accounts will be:</p> <p>Dr HR Nagendra, President<br/>SmtKamleshBarwal, Secretary General<br/><u>Sri PC Kapoor</u>, Treasurer</p> <p><u>It was resolved that all bank accounts will be operated by any two signatories</u></p> <p>Action: SG</p> <p>Timeline: One week,<del>Sri PC Kapoor</del></p> <p>It was resolved the internet banking facility will be availed for all <del>three IYA</del> bank accounts</p> <p>Action: <del>Secretary General</del>SG</p> <p>Timeline: One week</p> <p>The PrCB and the Diabetes Control Project bank accounts signatories will continue same as before.</p> <p>Resolution: It was resolved to activate the internet banking facility for PrCB bank account</p> <p>Action: Dr SP Mishra</p> <p>Timeline: One week</p> |
| 6 | <p>RESOLUTION FOR FILING CHANGE REPORT</p> <p>Resolution:</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |

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|                 | <p><b>It was resolved by the EC to file Change Report with the Registrar of Societies</b></p> <p><b>It was resolved to file the amended R&amp;R to the Registrar of Societies</b></p> <p><b>It was resolved to file updated list of Executive Council with the Registrar of Societies</b></p> <p><b>Action: <del>Secretary General</del>SG</b></p> <p><b>Timeline: One Week</b></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <p><b>7</b></p> | <p>REVIEW THE NUMBERS OF GENERAL MEMBERS / INSTITUTIONAL MEMBERS ENROLLED IN IYA; DISCUSS AND INITIATE NEW INITIATIVES / POLICIES FOR INCREASING MEMBERSHIPS</p> <p>This was discussed at length. The following changes would be made to the General Memberships:</p> <p>Life membership is reserved for eminent people and by invitation only as before.</p> <p>A General member need not have any pre qualification.</p> <p>A general member would be provided a virtual ID number</p> <p>A general member is entitled to a free copy of e-newsletter every two months</p> <p>GM will be eligible for discounts on publications of member institutions as per the member institution norms.</p> <p>The General Membership Fee was decided at INR 250/- p.a. for Indian Nationals (inclusive as SAARC nations) and USD 25/- p.a. for foreign Nationals.</p> <p><b>Action: Joint Secretary (RT)</b></p> <p><b>Timeline: Two days</b></p> <p>For Yoga Professional Memberships:</p> <p>A YPM would be provided a virtual ID number</p> <p>A newsletter would be sent in soft copy format</p> <p>A YPM will be eligible for discounts on publications of member institutions as per the member institution norms</p> <p>A YPM would be eligible for discounts to events of Member Institutions as per the member institution norms</p> <p>The fees of the YPM will be INR 1000/- p.a. for Indian Nationals (inclusive as SAARC nations) and USD 100/- for foreign Nationals</p> <p><b>Action: <del>Second</del> Joint Secretary (RT)</b></p> <p><b>Timeline: Two days</b></p> |

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|           | <p>Online registration forms with payment gateway will be integrated in the website. Mobile registration will also be developed. Letters / emails will be written to all the member institutions with an aim to request register an average of 1000 members per institution.<br/>Action: Secretary General<br/>Timeline: One week</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <p>8.</p> | <p>FORMALISATION OF STANDING COMMITTEES<br/>The Standing Committees were formalized as below:<br/> <b>Director Standing Finance Committee <u>(I/C)</u> – <u>PC Kapoor</u></b><br/> <b>Director Standing Academic &amp; Accreditation Committee – Swami Atmapriyananda</b><br/> <b>Director Standing Research Committee – Dr R Nagarathna</b><br/> <b>Director Standing Publicity, Publications &amp; PR Committee – <u>SadhviBhagawatiSaraswati</u></b><br/> <b>Director Standing Legal &amp; Standards <u>(I/C)</u> – <u>Sri Subodh Tiwari</u></b><br/> <b>CEO PrCB – Dr SP Mishra</b></p> <p>SUGGESTING TASKS TO STANDING COMMITTEES AND DISCUSSION</p> <p>a. PUBLICITY / PUBLICATION / PR</p> <p>i. WEBSITE UPDATION<br/>Second Joint Secretary will continue updation of website</p> <p>ii. PRESS RELEASE</p> <p>iii. Bi-monthly e-newsletter to be circulated to all members of IYA</p> <p>iv. SOCIAL MEDIA</p> <p>v. <u>JIO MOU</u></p> <p>vi. <u>Reliance JIO would be called for a meeting with IYA to discuss</u><br/> <u>a. MOU with IYA to provide free WIFI connectivity to all IYA member institutions</u></p> <p>vii. <u>b. MOU with IYA to air content from different members institutions of IYA for the Yoga and Spirituality channel on JIO TV</u></p> |

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vi-viii. PUBLICATION OF BOOKS FOR UGC DRAFTED PROGRAM.

Till the time the committee becomes fully functional, It was decided to form a sub-committee as a working group with the following experts as members:

DrRajvi Mehta

Dr Ananda Balayogi

DrKarunaNagarajan

DrSharadBhalekar

DrNeelkamal

Joint Secretary ([Ravi Tumuluri](#)) – Member Convener

**Action: Joint Secretary ([RTRT](#))**

**Timeline: One week**

It was decided that Art of Living would provide the graphics design for the IYA insert that would be put in all IYA Publications

**Action: [Secretary GeneralSG](#)**

**Timeline: One Week**

Kaivalyadham, SVYP and Patanjali Yoga University will take up the printing and publishing of the books finalized

b. FINANCE COMMITTEE

i. BUDGET PREPARATION FOR 2018-19

A budget would be prepared for the next fiscal

**Action: Treasurer**

**Timeline: Two weeks**

c. ACADEMIC & ACCREDITATION COMMITTEE:

i. COLLECTION OF SYLLABUS MADE IN THE PAST.

ii. DRAFT SYLLABUS AND GUIDELINES FOR BACHELOR IN YOGA THERAPY (SPECIALISED COURSE)

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|                   | <p>d. RESEARCH COMMITTEE</p> <ul style="list-style-type: none"> <li>i. PROPOSAL FOR BETTER EXECUTION OF ICAP</li> <li>ii. NATIONAL LEVEL SURVEY ON HOW MANY INSTITUTIONS ARE CONDUCTING YOGA PROGRAMS IN HIGHER EDUCATION, STUDY ITS RELEVANCE AND IMPACT FOR FURTHER POLICY DECISIONS.</li> </ul> <p>e. LEGAL</p> <ul style="list-style-type: none"> <li>i. CHANGE REPORTS OF CONSTITUTIONAL AMENDMENTS</li> </ul> <p>It was decided to register the IP for Indian Yoga Association and its logo. Accordingly, organisations abusing / misrepresenting the Indian Yoga Association name would be asked to stop any such activity that may bring IYA to disrepute</p> <p><b>Action:</b> <del>Second Vice President</del><b>VP(ST)</b></p> <p><b>Timeline: One week</b></p> |
| <p><b>9.</b></p>  | <p>TO CONSIDER THE PROGRESS OF THE PREPARATIONS OF COFFEE TABLE BOOK AND THE EXPENDITURE INVOLVE.</p> <p>It was decided to defer the preparation of the Coffee Table Book at this time.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <p><b>10.</b></p> | <p>TO CONSIDER THE PROGRESS AND FUNCTIONING OF PRCB TILL 30<sup>TH</sup> NOVEMBER, 2017 AND FUTURE PLANS.</p> <p>CEO apprised the EC about functioning and achievements so far of the PrcB. A total number of 3137 candidates have appeared for the Level1/2 exams with IYA. Out of which 1743 have been certified which is less than 50%.</p> <p>Total exams conducted so far by PrCb are 85 in over 22 exam centres.</p> <p>An examiner sensitization program was conducted in Rishikesh where 90% of the participants have passed the evaluation and we have 68 examiners on our roles today.</p> <p>The income and major expense heads were also discussed during the meeting.</p> <p>CEO, PrCB informed that Sri Manoj Singh had been selected for the</p>            |

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|            | <p>post of COO, PrCB.<br/>The EC approved the selection and instructed the CEO, PrCB to issue the necessary appointment letter</p> <p>The EC nominated Smt.AartiMaheshwari and Dr.Ajit Oak as part of the GB's nominees to PrCB committee.</p> <p><b>Action: CEO, PrCB</b></p> <p><b>Timeline: One Day</b></p>                                                                            |
| <b>11.</b> | <p>IMPROVISATION DOCUMENTATION AND THE CONDUCT OF THE AFFAIRS OF THE ASSOCIATION</p> <p>It was decided that email would become the primary mode of communication.</p> <p>It was decided that video-conferencing and tele-conferencing may be used for participation in business meetings of the EC</p> <p>It was decided that printing of minutes would be for official records only.</p> |
| <b>12.</b> | <p>ANY OTHER ITEM WITH THE PERMISSION OF THE CHAIR</p> <p>None</p>                                                                                                                                                                                                                                                                                                                        |

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### CONSTITUTION OF EXECUTIVE COUNCIL

| S.No. | Name and Address                                                                                                                                                                            | Designation           |
|-------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|
| 1.    | <b>Dr. H. R. Nagendra</b><br>Chancellor,<br>SVYASA Yoga University,<br>19, EknathBhavan, Gavipuram Circle,<br>Kempegowda Nagar, Bangalore-560019                                            | President             |
| 2.    | <b>Smt. HansajiJayadevaYogendra</b><br>Director, The Yoga Institute,<br>Shri Yogendra Marg, Prabhat Colony,<br>Santa Cruz East,Mumbai-400055                                                | Senior Vice President |
| 3.    | <b>Dr. S. P. Mishra</b><br>Former Vice Chancellor<br>(DSVV, Haridwar&Shridhar University Pillani);<br>95, Loni Road, Near Hindon Air Force Station,<br>Mohan Nagar, Ghaziabad – 201007 (UP) | Vice President        |
| 4.    | <b>Shri Subodh Tiwari,</b><br>C.E.O.<br>Kaivalyadhama Yoga Institute,<br>Swami Kuvalyananda Marg, Lonavla, Pune-<br>410403                                                                  | Vice President        |
| 5.    | <b>Ms.KamleshBarwal,</b><br>International Co-ordinator, <b>Sri Sri Yoga,</b><br>Art of Living International Centre, 21 <sup>st</sup> Km.<br>Kanakapura Road, Bangalore 560082               | Secretary General     |
| 6.    | <b>Shri Jaideep Arya,</b><br>PatanjaliYogapeeth,<br>Haridwar.                                                                                                                               | Joint Secretary       |
| 7.    | <b>Ravi Tumuluri</b><br>Personal Secretary to Chancellor,<br>Swami Vivekananda Yoga Anusandhana<br>Samsthana, Bengaluru                                                                     | Joint Secretary       |

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| 8.  | <b>Shri P.C. Kapur</b><br>Representative, Sivananda Yoga Vedanta<br>Dhanwatari Ashram, Thiruvananthapuram.                                                                                  | Treasurer                                                        |
| 9.  | <b>Shri M. Kannan</b><br>Representative,<br>Isha Foundation, Coimbatore                                                                                                                     | Director, Standing<br>Finance Committee                          |
| 10. | <b>Swami Atmapriyananda,</b><br>Vice-Chancellor,<br>R.K. Mission Vivekananda University, Howrah                                                                                             | Director, Standing<br>Academic &<br>Accreditation<br>Committee   |
| 11. | <b>Dr R Nagarathna</b><br>Chief Medical Advisor,<br>Arogyadhama, VYASA, Bengaluru                                                                                                           | Director, Standing<br>Research Committee                         |
| 12. | <b>Shri Subodh Tiwari,</b><br>C.E.O.<br>Kaivalyadhama Yoga Institute,<br>Swami Kuvalyananda Marg, Lonavla, Pune-<br>410403                                                                  | Director, Standing<br>Legal & Standards<br>Committee             |
| 13. | <b>SadhviBhagawatiSaraswati</b><br>Representative, ParmarthNiketan,<br>Rishikesh                                                                                                            | Director, Standing<br>Publicity, Publication<br>& P.R. Committee |
| 14. | <b>Dr. S. P. Mishra</b><br>Former Vice Chancellor<br>(DSVV, Haridwar&Shridhar University Pillani);<br>95, Loni Road, Near Hindon Air Force Station,<br>Mohan Nagar, Ghaziabad – 201007 (UP) | CEO, PrCB                                                        |