

**MINUTES OF THE ELEVENTH MEETING OF EXECUTIVE COUNCIL OF  
THE INDIAN YOGA ASSOCIATION HELD ON 27<sup>TH</sup> NOVEMBER, 2016**

The eleventh meeting of the Executive Council(Extraordinary) of Indian Yoga Association was held on 27<sup>th</sup> November, 2016 at 2.00 pm in the Conference Hall, Morarji Desai National Institute of Yoga, New Delhi. The following were present:

1. **Shri O.P. Tiwari,** President  
Secretary,  
Kaivalyadhama, SMYM Samiti,  
Lonavla, Pune-410403.
2. **Dr.H.R.Nagendra,** Sr. Vice-President  
Chancellor,  
SVYASA Yoga University,  
19, EknathBhavan, Gavipuram Circle,  
Kempegowda Nagar, Bangalore-560019.
3. **Dr.S.P.Mishra,** Vice-President  
Former Vice Chancellor,  
(DSVV Haridwar & Shridhar University,Pilani)  
95, Loni Road, Near Hindon Air Force Station.  
Mohan Nagar, Ghaziabad-201007, UP.
4. **Dr. Rajvi H.Mehta,** Joint Secretary  
Chief Scientist,  
Iyengar Yogashraya,  
126, Senapati Bapat Marg,  
Lower Parel, Mumbai-400013.
5. **Dr. Ananda Balayogi Bhavanani** Executive Member  
Chairman, ICYER,  
16-A, Mettu Street,  
Chinnamudaliar Chavady,  
Kottakuppam, Puduchery (Via)-605 104.
6. **Shri Subodh Tiwari,** Executive Member  
C.E.O.  
Kaivalyadhama Yoga Institute,  
Swami Kuvalyananda Marg,  
Lonavla, Pune-410403
7. **Dr.Ishwar V. Basavaraddi,** Secretary General  
Director,  
Morarji Desai National Institute of Yoga,  
68, Ashok Road, New Delhi-110001

### **SPECIAL INVITEES**

1. **Dr. Akshay Anand**, Asstt. Professor (MER), PGI, Chandigarh.
2. **BK. Fatima**, Brahmakumaris, Delhi Circle
3. **Dr. Tej Paul Ahluwalia**, Ex. Sr.DDG / Scientist-G, ICMR, New Delhi.
4. **Shri Dheeraj Saraswat**, Mokshayatan Yogashram, Saharanpur.
5. **Shri Jwalant Bhasin**, Dev Sanskriti Vishwavidyalaya, Haridwar

### **IYA STAFF**

1. **Ms. Shalini Srivastava** – liaison Officer
2. **Shri S.K. Madan** – Administrative Manager

### **LEAVE OF ABSENCE:**

1. **Smt. Hansaji Jayadeva Yogendra** Vice President  
Director, The Yoga Institute,  
Shri Yogendra Marg, Prabhat Colony,  
Santa Cruz East, Mumbai-400055
2. **Swami Bharat Bhushan**, Treasurer  
President,  
MokshayatanYogashram,  
3/1966, Beri Bagh, Saharanpur (U.P.),
3. **Dr. Geeta Iyengar**, Executive Member  
Director,  
Ramamani Iyengar Memorial Yoga Institute,  
1107-B/1, Shivaji Nagar, Pune-411 016.
4. **Shri S. Sridharan** Executive Member  
Trustee,  
Krishnamacharya Yoga Mandiram,  
31, Fourth Cross Street,  
R.K.Nagar, Chennai-600 028
5. **Dr. Chinmay Pandya** Executive Member  
Pro Vice-Chancellor,  
Dev Sanskriti Vishwavidyalaya,  
Gayatri Kunj, Haridwar-249411
6. **Dr. M. V. Bhole** Executive Member  
Former Joint Director of Research, K.dham,  
16, Badrivishal Society, Lonavla, Pune-411038.

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| 7.  | <b>Swami Ritavan Bharati,</b><br>Ashram Pramukh & Spiritual Guide,<br>Swami Rama Sadhaka Grama,<br>Virbhadra Road, Virpur Khurd ,<br>PO-Pashulok, Uttarakhand-249203 | Executive Member |
| 8.  | <b>Dr. Sampadananda Mishra</b><br>Director,<br>Sri Aurobindo Foundation of Indian Culture (SAFIC)<br>Sri Aurobindo Society, Puduchery-605001.                        | Executive Member |
| 9.  | <b>Dr. Ishwar Bhardwaj</b><br>Professor & Head,<br>Deptt. of H.C. & Yoga Science,<br>Gurukul Kangri University,<br>Haridwar-249 404.                                 | Executive Member |
| 10. | <b>Dr. Samprasad Vinod,</b><br>Director,<br>Maharishi Vinod Research Foundation,<br>Shani Mandir, 2100 Sadashiv Peth,<br>Pune-411030.                                | Executive Member |
| 11. | <b>Dr. R.L.Bijlani,</b><br>Sri Aurobindo Ashram,<br>Sri Aurobindo Road,<br>New Delhi.  | Executive Member |
| 12. | <b>Dr.S.D.Patil,</b><br>Head, Dept. of Yogic Sciences,<br>Degree College of Physical Education,<br>H.V.P. Mandal, Amravati.  | Executive Member |

To begin with, the Secretary General of the Association welcomed President, Senior Vice-President, Vice President, office bearers, members of the Executive Council including Special Invitees and officials of IYA present in the meeting. Thereafter, the participants were introduced and with the permission of the President of the Association, the proceedings of the meeting were started and the agenda items were discussed:

**AGENDA ITEM NO.1: Confirmation of the minutes of the 10<sup>th</sup> meeting of Executive Council of IYA held on 22<sup>nd</sup> June, 2016.**

The Secretary General (IYA) informed that the minutes of the 10<sup>th</sup> meeting of Executive Council held on 22<sup>nd</sup> June 2016 duly approved by the President of IYA, were circulated among the members. No comments have been received. Therefore, the minutes of the 10<sup>th</sup> meeting of Executive Council held on 22<sup>nd</sup> June, 2016 were confirmed.

**AGENDA ITEM NO.2: To report action taken on the minutes of the 10<sup>th</sup> meeting of the Executive Council of IYA held on 22<sup>nd</sup> June, 2016.**

The action taken on the minutes of the 10<sup>th</sup> meeting of Executive Council which was held on 22<sup>nd</sup> June, 2016 were noted and approved by the Executive Council.

**AGENDA ITEM NO.3: To discuss the amendments in the Memorandum of Association and Rules & Regulations of IYA regarding PrCB and to increase in the number of institution members.**

The matter was discussed at length. The Executive Council has considered and approved several amendments in the Annexure-D placed with the agenda, which has been modified accordingly. A copy of the modified Annexure-D (comparative Statement of existing and amended Rules and Regulations) is enclosed herewith as **Annexure** to these Minutes.

**AGENDA ITEM NO.4: To consider formation and finalization of state committees for State Units of IYA.**

The consortium of the state level committees has been finalized as given in the Appendix (4.7.4 para) of Rules and Regulations of IYA. They will be captioned as Indian Yoga Association; (state name).

It was further decided that all the leading Institutions will send the list of Yoga organizations in different States who are active to coordinate the State Units; and also the members likely to be appointed in the State Units may be communicated to the Secretary General of IYA at the earliest latest by 15<sup>th</sup> December, 2016. These state level committees will take care of Yoga Utsav, Diabetes Control Program and such other activities entrusted to IYA by any Ministry of Government of India. The structure of such committees is as follows:

a) Chairman	(1)
b) Vice-Chairman	(1 to 5) (para 4.7.4)
c) Secretary	(1)
d) Joint Secretary	(1)
e) Treasurer	(1)
f) Members	(5 to 17)
g) One General Body Member of IYA	(1)
TOTAL (Maximum)	27

There should be representation from most active registered Yoga Institutions in the state. In general, the most senior renowned yoga expert from these institutions should be selected as the chairperson.

**AGENDA ITEM NO.5: To consider initiation of the working of Standing Committees**

This item is shown as Agenda Item No.7 in the agenda and may be taken as Agenda Item No.5. The Executive Council considered with appreciation the nomination of members on the

respective Standing Committees by Dr. Anand Balayogi and Shri Subodh Tiwari. However, the Executive Council reshuffled the Directors of the Standing Committees as under:

S.No.	Name of the Standing Committee	Director
1.	Standing Academic Committee	Dr. Chinmaya Pandya
2.	Standing Accreditation Committee	Dr. M.V. Bhole
3.	Standing Research Committee	Dr. Anand Balayogi
4.	Standing Finance Committee	Shri S.Sridharan
5.	Standing Publication Committee	Dr. Rajvi Mehta
6.	Standing Public Relations & Publicity Committee	Sh. Subodh Tiwari

It was reiterated that the Directors of all the Standing committees may nominate the members on the Standing Committees as per the revised constitution of the Standing Committees so as to start the working of these committees.

**AGENDA ITEM NO.6: To discuss to take a final decision on the Advisory Board.**

This item is shown as Agenda Item No.8 in the agenda and may be taken as Agenda Item No.6. The Executive Council decided that the Working Committee members along with the President shall visit Swami Ramdev ji and Sadhguru Jaggi Vasudev Ji to request them to join hands with IYA and also to accept our invitation for the Advisory Board. It was directed to prepare another letter addressed to these stalwarts.

**AGENDA ITEM NO.7: To consider to organize State Level Yoga Utsavas with the support of Ministry of AYUSH, Govt. of India.**

This item is shown as Agenda Item No.9 in the agenda and may be taken as Agenda Item No.7. It was informed that the ministry of AYUSH, Govt. of India wants to promote Yoga Festivals in each major city of all states in the country. The guidelines for coordinating such festivals (Yoga Utsavs) are formulated & sent by CCRYN. This has to be executed by IYA as per the directions given by the Ministry.

The matter was discussed in depth and it was resolved to entrust the responsibility of organizing Yoga Utsavs to the State Units of IYA. After detailed deliberations the Executive Council nominated Shri Subodh Tiwari, one of the Executive Members IYA as the Chief Executive Officer (CEO) of the Yoga Utsav project. These state units will also suggest the names of examiners for PrCB. A Management Committee consisting of the following has been prepared for accomplishing the project:

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| 1. Shri Subodh Tiwari, Kaivalyadhama Yoga Institute, Pune          | Chairman |
| 2. Dr. Chinmay Pandya, D.S.V.V. Haridwar.                          | Member   |
| 3. One Representative from the Yoga Institute, Santa Cruz, Mumbai. | Member   |
| 4. Dr Binny from Brahma Kumaris                                    | Member   |
| 5. Smt kamlesh Barwal from Art of Living, Bengaluru                | Member   |
| 6. Shri Jwalant Bhawana from DSVV, Haridwar                        | Member   |

**AGENDA ITEM NO.8: To consider and approve the appointment of chief executive officer of Pr.CB of IYA.**

This item is shown as Agenda Item No.10 in the Agenda and may be taken as Agenda Item No.8. The matter was discussed. It was decided that Dr. S.P.Mishra, had been nominated as C.E.O. in April, 2016 will continue to work as C.E.O. and he will be visiting the IYA on 2-3 days in a week and the other terms and conditions will remain the same as have been mentioned in his appointment order.

Further, the Executive Council approved to create a new post of Chief Operational Officer on a monthly contractual remuneration of Rs.75,000/-. It was decided that Dr.Tej Paul Ahluwalia, who has been selected as CEO may be appointed against the newly created post of Chief Operational Officer (COO) on a monthly contractual remuneration of Rs.75,000/-.

The matter regarding operation and maintenance of the Bank Account opened in the name of Indian Yoga Association for PrCB in Punjab National Bank, Sansad Marg, New Delhi was also discussed. The Executive Council unanimously passed the following resolution in regard to operation of the said Bank Account:

**“It was unanimously resolved that all the funds, fees etc. received by the PrCB of IYA shall be deposited in the Bank Account already opened in Punjab National Bank, Sansad Marg, in the name of Indian Yoga Association, as soon as it is received. The Treasurer; Director, Standing Finance Committee of IYA and Chief Executive Officer of PrCB of IYA shall be the authorized signatories and any two of them can operate the bank account from time to time for conducting the financial activities of the PrCB of IYA.”**

The amendment regarding operation of bank account for PrCB may be incorporated in the Rules and Regulations of IYA as para 10-B(a).

**AGENDA ITEM NO.9: To consider the representation of Govt. of India on the General Body and Executive Council of IYA**

This item is shown as Agenda Item No.11 in the agenda and may be taken as Agenda Item No.9. The Executive Council discussed the matter and decided to delete this clause and this clause may be substituted as “Vice Chancellor of any 5 (five) Universities having Department of Yoga or his nominee by rotation, for a period of three years”.

**AGENDA ITEM NO.10: To consider to provide membership to the institutions who have shown interest.**

This item is shown as Agenda Item No.12 and may be taken as Agenda Item No.10. The Executive Council after discussion approved to provide the Membership to the following Institutions:

1. Bharatiya Yoga Sansthan, Rohini, New Delhi.
2. Bharatiya Vidya Bhavan, Mumbai

3. Shivananda Ashram, New Delhi
4. Krishnamacharya Healing and Yoga Foundation, Chennai
5. Amrita University, Chennai.

The EC decided to write letter to these Institutions to join hands with IYA and deposit a minimum of Rs.1.00 Lakh towards corpus funds of the Association.

It was decided that the Secretary General may consider providing membership to other similar institutions who have 10 years or more standing in the field of Yoga and are keen to become the members of the IYA.

**AGENDA ITEM NO.11: Any other item with the permission of the Chair.**

**1. Yoga and Diabetes Control Project.**

The matter was discussed in length. The members were of the view that this project has been conceptualized and submitted by SVYASA University to the Ministry of AYUSH. The pilot project has also been conducted by SVYASA University. Therefore, it was desired that the project shall be taken up by SVYASA University being a member Institution of IYA. All member Institutions of IYA shall support the project wherever it is deemed necessary. However, Senior Vice President informed that they would like to assign this project to IYA only since it is representative organization of all leading Yoga Institutions. After detailed deliberations the Executive Council nominated Dr. H.R.Nagendra, Senior Vice President of IYA as the Chairman of the Yoga and Diabetes Control Project. The Executive Council also constituted a Management Committee of the project consisting of the following under the chairmanship of Dr.H.R.Nagendra:

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|--------------------------|----------|
| 1. Dr. H.R. Nagendra     | Chairman |
| 2. Shri Subodh Tiwari    | Member   |
| 3. Dr. R. Nagarathana    | Member   |
| 4. Dr.Anand Balayogi     | Member   |
| 5. Dr. K.C. Jain         | Member   |
| 6. Dr. Rabindra Acharya  | Member   |
| 7. Shri Dheeraj Saraswat | Member   |

It was decided that **Shri Subodh Tiwari will act as Executive Officer of the Project.** It was further decided that the entire project, both administrative and financial matters, shall be looked after by the above committee and details shall be placed before the Executive Council for its consideration and approval whenever and wherever it is required.

The Executive Council further constituted an Institutional Ethical Committee for clearing this and similar other research projects. The following committee has been constituted:

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| a) | Shri D.R.Kartikeyan, Former Director, CBI   | Chairperson  |
| b) | Dr. R. Nagarathana, SVYASA, Bengaluru       | Member       |
| c) | Dr. Yash Deep from AIIMS, New Delhi         | Member       |
| d) | Mr. Aman Sinha, Sr. Advocate, Supreme Court | Legal Expert |

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| e) | Dr. Roopa, Epidemiologist, from Dr.Prabhakaran Group  | Member           |
| f) | Shri Raghu, Bengaluru (Non-Govt. voluntary agency)  | Member           |
| g) | Dr.T.P.Ahluwalia, Former Scientist-G, ICMR  | Member           |
| h) | Dr. Rabindra Acharya, Bengaluru   | Member           |
| i) | Dr. Anand Balayogi, Director, ICYER, Puduchery & Director, Standing Research Committee of IYA | Member-Secretary |

## 2. **Funding of the new projects**

Separate accounts for various projects of IYA like Yoga and Diabetes Control, Yoga Utsav, etc. have to be opened in nationalized banks. The head of the project will be called Chairman of the respective project. The Executive Council passed the following resolutions for operation of the Bank accounts for these projects to be taken up:

### **Yoga and Diabetes Control Project**

**“It was unanimously resolved that all the funds received for the Project shall be deposited in the Bank Account separately opened in a Nationalized Bank, in the name of Indian Yoga Association (NMB). The Treasurer (Swami Bharat Bhushan); Member (Dr. R. Nagarathna) and Executive Officer (Shri Subodh Tiwari) of the project shall be the authorized signatories and any two of them can operate the bank account from time to time for conducting the financial activities of the respective Project of IYA.”**

### **State Units of IYA**

Based on the recommendations of the GBM of the state, state units will be formed and suitable resolution for opening of bank accounts will be sent to the respective Secretaries of the proposed state units by the General Secretary of IYA. The following resolutions have been passed by the Executive Council:

#### **For State Units of IYA:**

**“It was unanimously resolved that all the funds received for the State Unit of Indian Yoga Association Project shall be deposited in the Bank Account separately opened in any Bank, in the name of Indian Yoga Association – (Name of State). That the Treasurer and the Secretary of the State Unit of IYA shall be the authorized signatories to operate the bank account from time to time for conducting the financial activities of the State Units.”**

The funding for the new projects may be added in the Rule and resolutions of IYA appropriately at para 10.E & 10E(i) respectively.

The Executive Council further decided that the Memorandum of Association and Rules & Regulations of IYA may be revised accordingly in all respect.



3. **Internet Banking of Saving accounts in Bank:**

The matter was discussed at length. It was therefore, decided to avail the Corporate Internet Banking Services for the Bank Accounts opened/to be opened with the Punjab National Bank. Accordingly, the following resolutions were passed in respect of the accounts of IYA in various Banks:

A. **Account No.0153000110103856 with Punjab National Bank:**

It was resolved that the Indian Yoga Association (IYA) do avail the Corporate Internet Banking Services for the account Nos.0153000110103856 opened with Punjab National Bank and the IYA do accept such terms, regulations, conditions and stipulations laid down by the Bank from time to time for this purpose.

**Further Resolved that Dr. S.P.Mishra, Chief Executive Officer (Tel.9711005807/7291972079) is hereby authorized to impart duties, roles and responsibilities of an Account Administrator for Corporate Internet Banking Services and the Chief Operating Officer of PrCB of IYA, is hereby authorized to accept, sign, execute, deliver and complete all documentation, agreements, and abide by the modifications, in order to apply for the Corporate Internet Banking facilities provided by the Bank. He is also authorized to operate on behalf of IYA through Corporate Internet Banking Services on the IYA's accounts (including by causing a debit balance with the Bank and/or to continue to operate the account).**

B. **Account Nos.30724796663 & 35402811016 with State Bank of India:**

It was resolved that the Indian Yoga Association (IYA) do avail the Corporate Internet Banking Services for the account No.30724796663 & 35402811016 opened with State Bank of India and the IYA do accept such terms, regulations, conditions and stipulations laid down by the Bank from time to time for this purpose.

**Further Resolved that Dr. Ishwar V. Basavaraddi, Secretary General (Tel.9810800289/7291972079) is hereby authorized to impart duties, roles and responsibilities of an Account Administrator for Corporate Internet Banking Services and the Administrative Manager of IYA is hereby authorized to accept, sign, execute, deliver and complete all documentation, agreements, and abide by the modifications, in order to apply for the Corporate Internet Banking facilities provided by the Bank. He is also authorized to operate on behalf of IYA through Corporate Internet Banking Services on the IYA's accounts (including by causing a debit balance with the Bank and/or to continue to operate the account).**

C. **Bank Accounts to be opened for various Projects separately:**

It was resolved that the Indian Yoga Association (IYA) do avail the Corporate Internet Banking Services for the account opened/to be opened with any Bank in the name of

Indian Yoga Association for the projects and do accept such terms, regulations, conditions and stipulations laid down by the Bank from time to time for this purpose.

**Further Resolved that the Executive Officer (EO) of the project is hereby authorized to impart the duties, roles and responsibilities of an Account Administrator for Corporate Internet Banking Services and shall accept, sign, execute, deliver and complete all documentation, agreements, and abide by the modifications, in order to apply for the Corporate Internet Banking facilities provided by the Bank. He is also authorized to operate on behalf of IYA through Corporate Internet Banking Services on the IYA's accounts (including by causing a debit balance with the Bank and/or to continue to operate the account).**

The meeting ended with a vote of thanks to the Chair.