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1. ABOUT INDIAN YOGA ASSOCIATION

Indian Yoga Association – A self-regulatory body of Leading Yoga Institutions of India

Indian Yoga Association is a registered society, Registered Under the Society Registration Act of 1860 bearing Registration No: SI/63761/2008 , Dated on 31st October, 2008 with Registered address: 68, Ashoka Road, New Delhi – 110001, India

Shri. O.P Tiwari ji, Secretary, Kaivalyadham is the President. IYA was founded under the legendary Yogi Padma Vibhushan Late Dr B.K.S Iyengar ji,

IYA is a maiden attempt to unite all yoga paramparas in a common cause. Indian Yoga Association is committed to promotion and advancement of Yoga and its applications around the world and industry-cum-self-regulatory body to facilitate activities of member institutions.

1.1. MEMORANDUM OF ASSOCIATION

1. NAME: INDIAN YOGA ASSOCIATION

The name of the Association shall be “**Indian Yoga Association**”.

2. OFFICE AND AREA OF OPERATION

REGISTERED OFFICE

The registered office of the Association shall be situated in the National Capital Territory, Delhi and at present it is situated at the following address: **68, Ashoka Road, New Delhi – 110001, India**

3. AREA OF OPERATION

The area of operation of the Association shall be all over India.

4. AIM AND OBJECTIVES

- i. Promotion and advancement of Yoga and its applications.
- ii. Maintaining and promoting the different Indian Yoga traditions.
- iii. To provide extensive research facilities for carrying out fundamental and clinical research in the discipline of Yoga and its applications keeping in view the socio-economic needs of all sections of the society.
- iv. To hold Conferences, Seminars, Workshops, Camps and Public meetings to propagate information and knowledge of Yoga, its various techniques and practice in various parts of India as well as abroad.
- v. Accreditation and affiliation of Yoga Institutions including Prescribing of basic requirements for affiliation of Yoga Institutions.
- vi. To bring certain amount of self discipline in the operations of the Yoga Institutions
- vii. To conduct experiments and research on emerging trends in Yoga.
- viii. To develop techniques and approaches based on the **Ancient Yoga Texts and Granthas** of Yoga to meet the challenges of the modern era.
- ix. Development and dissemination of new approaches to the practice, teaching and research of yoga.

- x. To prescribe different courses for imparting education and training in Yoga; to prescribe syllabus and curriculum for various Yoga education, therapy and training courses and programmes; also to prescribe guidelines to carry out research in Yoga and its applications at various levels.

5. FUNCTIONS:

The Association may take such steps as may be necessary in pursuance of and in furtherance of its aim and objectives including but not limited to:-

- i. Undertaking and Promoting Yoga and its applications by establishing, promoting, managing, recognizing and affiliating institutions.
- ii. Taking such steps as may be necessary to maintain and promote the different Traditions and Schools of Yoga.
- iii. Establishment of Libraries and the publishing of authoritative textual editions of the ancient texts of Yoga.
- iv. Promotion of research in all aspects of Yoga by individuals and institutions.
- v. Institution of awards, grants, fellowships, scholarships, stipends, financial assistance, etc. to the needy/meritorious students, researchers and practitioners in the field in order to facilitate all kinds of research in Yoga.
- vi. To set standards for Yoga courses, in particular with regard to the course content, duration, eligibility, method of assessment and certification.
- vii. To prescribe eligibility criteria, qualifications and requirements and other parameters required for appointment, promotion and disciplinary action in respect of Yoga Teachers, Instructors, Demonstrators, Lecturers, Readers, Professors, Research Scholars, etc.
- viii. Grant of accreditation and affiliation to institutions offering short and long term educational, training and therapy courses in Yoga.
- ix. Taking such steps as may be necessary to persuade the Central Government, State Governments, Union Territories in India and Governments in foreign countries to accept the various standards prescribed by the Association with respect to Education, Training, Therapy and Research in Yoga; affiliation, appointment of teachers and any other issues relating thereto.
- x. Publication of such research journals, popular magazines, books, monographs, reports as may be required to disseminate information and knowledge about yoga through all available media.
- xi. Development of a digitalized database on Yoga.
- xii. Organization of conferences, seminars, workshops, lectures, camps and exhibitions on Yoga.
- xiii. Coordination integration of the activities of the various School and Institutions of Yoga within and outside India.
- xiv. Establishment of branches of the Association anywhere in India for fulfillment of the objectives.
- xv. Acquisition by purchase, lease or otherwise of land, offices, laboratories and related movable and immovable properties and facilities and disposal thereof, for the proper discharge of functions of the Association.
- xvi. Borrowing or raising of funds against securities or otherwise from time to time for the purposes of the Association upon such terms and conditions as may be deemed reasonable.

- xvii. Receipt of Grants-in-aid from the Government(s), gifts, donations, benefactions, bequests and transfers of properties both movable and immovable from Donors, Benefactors, Testators, charitable Institutions, Trusts, Corporate World, Companies, Institutions, foreign charitable Agencies through any approved funding body, individuals etc., as the case may be.
- xviii. The mutual exchange of Yoga experts and collaboration with other organizations etc.
- xix. To subscribe to or give donations or financial grants or otherwise, to such other organizations, institutions, societies etc. who are working in the area of yoga and are involved in activities similar to those undertaken by the Association.
- xx. To frame bye-laws and rules and regulations for the conduct of the activities of the Association.
- xxi. To do all such other acts as may be necessary for the furtherance of the aim and objectives of Association.

6. MISCELLANEOUS

- i. The Association is a non-profitable, non-political and non-religious body, set-up with the sole and bona-fide aim to develop and promote the knowledge, education and applications of Yoga for the benefit of all sections of the society. The affairs of the Association shall be run in accordance with the aims and objectives and in terms of the Rules and Regulations and the Bye Laws framed there under.
- ii. All the incomes, earnings, movable and immovable properties of the Association shall be solely utilized and applied towards the promotion of its aims and objectives and the discharge of its functions as set forth in the Memorandum of Association and no profit or part thereof shall be paid or transferred directly or indirectly by way of dividends, profits or in any other manner whatsoever to the present or past members of the Association or to person claiming through any one or more of the present or past members. No member of the Association shall have any personal claim on any movable or immovable properties of the Association or make any profits, whatsoever, by virtue of his membership.

7. NAMES OF THE MEMBERS OF THE ASSOCIATION:

The names, addresses, occupations and designations of the first Executive Council members of the Association, to whom the management of the affairs of the Association is entrusted, as required under Section 2 of the Societies Registration Act 1860 as extended to the National Capital Territory, Delhi, according to the rules and regulations of the Association are as follows:

Sl.No.	Name	Address	Occupation	Designation in the Association
1	Dr. B.K.S.Iyengar	President, Ramamani Iyengar Memorial Yoga Institute, 1107-B/1, Shivaji Nagar, Pune: 411 016.	Eminent Yoga Expert	President
2	Shri.O.P.Tiwari	Secretary, Kaivalyadhama S.M.Y.M. Samiti, Lonavala – 410 403	Eminent Yoga Expert	Senior Vice-President

3	Dr. H.R.Nagendra,	Vice Chancellor, Swami Vivekananda Yoga Anusandhan Sanathan , Prashanti Kutiram, Bangalore	Vice Chancellor	Vice-President
4	Dr. S.P.Mishra	Vice Chancellor, Dev Sanskriti Vishwavidyalay, Shanti Kunj, Haridwar	Vice Chancellor	Vice-President
5.	Dr. Ishwar V. Basavaraddi	Director, Morarji Desai National Institute of Yoga, 68,Ashok Road, New Delhi-110 001	Director	Secretary
6.	Shri. Shradhalu Ranade	Secretary, Sri.Aurobindo Ashram, Ponduchery	Eminent Yoga Expert	Joint-Secretary
7.	Swami Dharmananda	Director, Adyatma Sadhana Kendra, Chhatarpur, Mehrauli, Delhi	Yoga Expert	Treasurer
8	Smt. Hansa Jayadev	Director, The Yoga Institute, Santacruz (East), Mumbai - 55	Eminent Yoga Expert	Executive Member
9	Shri. S. Sridharan	Managing Trustee, Krishnamacharya Yoga Mandiram, 31, Fourth Cross Street, R.K.Nagar, Chennai - 600028	Managing Trustee	Executive Member
10	Smt. Meenakshi Devi Bhavnani	President, ICYER,16-A,MettuStreet, Chinnamudaliar-chavady, Kottakuppam 605104 Via Pondicherry	Eminent Yoga Expert	Executive Member

1.2. EXECUTIVE COUNCIL

Name:	Position
Lt. Dr.B.K.S.Iyengar, President Ramamanilyengar Memorial Yoga Institute, 1107-B/1, Shivaji Nagar, Pune-411 016.	Founder President,
1. Shri O.P. Tiwari, Secretary, Kaivalyadhama, SMYM Samiti, Lonavla, Pune-410403.	President
2. Dr.H.R.Nagendra, Chancellor, SVYASA Yoga University, 19, EknathBhavan, Gavipuram Circle, Kempegowda Nagar, Bangalore-560019.	Sr. Vice-President

3. Smt. Hansa Jayadeva Yogendra Director, The Yoga Institute, Shri Yogendra Marg, Prabhat Colony, Santa Cruz East, Mumbai-400055	Vice-President
4. Dr.S.P.Mishra, Former Vice Chancellor, (DSVV Haridwar & Shridhar University,Pilani) 95, Loni Road, Near Hindon Air Force Station. Mohan Nagar, Ghaziabad-201007, UP.	Vice-President
5. Dr.Ishwar V. Basavaraddi, Director, Morarji Desai National Institute of Yoga, 68, Ashok Road, New Delhi-110001	Secretary General
6. Dr. Rajvi H.Mehta, Chief Scientist, Iyengar Yogashraya, 126, Senapati Bapat Marg, Lower Parel, Mumbai-400013.	Joint Secretary
7. Swami Bharat Bhushan, President, MokshayatanYogashram, 3/1966, Beri Bagh, Saharanpur (U.P.),	Treasurer
8 Smt. Geeta Iyengar, Director, Ramamani Iyengar Memorial Yoga Institute, 1107-B/1, Shivaji Nagar, Pune-411 016.	Executive Member
9. Swami Ritavan Bharati, Ashram Pramukh & Spiritual Guide, Swami Rama Sadhaka Grama, Virbhadra Road, Virpur Khurd , PO-Pashulok, Uttarakhand-249203	Executive Member
10 Shri S. Sridharan, Trustee, Krishnamacharya Yoga Mandiram, 31, Fourth Cross Street, R.K.Nagar, Chennai-600 028	Executive Member
11. Shri Subodh Tiwari, C.E.O. Kaivalyadhama Yoga Institute, Lonavla, Pune-410403	Executive Member
12. Dr. Sampadananda Mishra, Director, Sri Aurobindo Foundation of Indian Culture (SAFIC) Sri Aurobindo Society, Puduchery-605001.	Executive Member
13. Dr. Samprasad Vinod, Director, Maharishi Vinod Research Foundation,	Executive Member

Shani Mandir, 2100 Sadashiv Peth, Pune-411030.	
14. Dr. Ananda Balayogi Bhavanani, Chairman, ICYER, 16-A, Mettu Street, Chinnamudaliar Chavady, Kottakuppam, Puduchery (Via)-605 104.	Executive Member
15. Dr. Chinmay Pandya, Pro Vice-Chancellor, Dev Sanskriti Vishwavidyalaya, Gayatri Kunj, Haridwar-249411	Executive Member
16. Dr. M. V. Bhole, Former Joint Director of Research, K.dham, 16, Badrivishal Society, Lonavla, Pune-411038.	Executive Member
17. Dr. Ishwar Bhardwaj, Professor & Head, Deptt. of H.C. & Yoga Science, Gurukul Kangri University, Haridwar-249 404.	Executive Member
18. Dr. R.L.Bijlani, Sri Aurobindo Ashram, Sri Aurobindo Road, New Delhi.	Executive Member
19. Dr.S.D.Patil, Head, Dept. of Yogic Sciences, Degree College of Physical Education, H.V.P. Mandal, Amravati.	Executive Member

1.3. LIST OF THE EMINENT YOGA INSTITUTES FOUNDER MEMBERS [Schedule –I]

S.No	Name and Address of the Institute	Founder Guru
1.	Bihar School of Yoga, Ganga Darshan, Munger,	Swami Satyananda
2.	Deva Sanskriti Vishwavidyalaya, Gayatri Parivar, Shanti Kunj, Haridwar	Acharya Sri Ram Sharma
3.	Ahym sin, Swami Rama Sadhaka Grama, Virbhadr	Swami Rama / Swami Veda Bharti
4.	Krishnamacharya Yoga Mandiram, 31, Fourth Cross Street, R.K.Nagar, Chennai-600028	Yogacharya T.K.V. Desikachar
5.	Morarji Desai National Institute of Yoga, 68, Ashok Road, New Delhi-110001	Swami Dharendra Brahmachari
6.	Preksha International, Jain Vishwa Bharati, Ladnun-	Acharya Tulsi and Acharya Sri Mahaprajani Ji
7.	Ramamani Iyengar Memorial Yoga Institute, 1107, B/1, Shivaji Nagar, Pune-411016	Yogacharya B.K.S.Iyengar

8.	S.M.Y.M. Samiti, Kaivalyadhama, Lonavla, Pune-410 403.	Swami Kuvalyananda
9.	Sri Aurobindo Ashram, Puducherry	Maharishi Sri Aurobindo
10.	Sri Ramakrishna Math and Ramakrishna Mission Vivekananda University, PO-Bellur Math, Distt. Howra, W.B.	Ramakrishna Paramhansa and Swami Vivekananda
11.	Swami Vivekananda Yoga Anusandhan Parishad, Prashanti Kuteeram, Bangalore	Dr.H.R.Nagendra
12.	The Divine Life Society, Rishikesh, Uttarakhand	Swami Shivanandaji
13.	The International Centre of Yoga Education and Research, 16-A, Mettu Street, Chinnamudaliar chavady, Kottakuppam-605104, Via Puducherry	Yogacharya Sh Geetananda Giri
14.	The Yoga Institute, Santacruz (East), Yogendra Marg, Mumbai-55.	Swami Yogendraji
15.	Vipasana International Academy, Dhamma Giri,,	Sri S.N.Goenka

2. ACTIVITIES OF THE ASSOCIATION

2.1. MEMBERSHIPS

2.1.1. Life Members till 2014

Sr . No	Name	UNIQUE ID
1	Dr. I.V Basavaraddi	IYA/LM/001
2	Lt. Dr. B.K.S Iyengar	IYA/LM/002
3	Smt. Hansa Jayadeva	IYA/LM/003
4	Dr. R.L Bijlani	IYA/LM/004
5	Dr. K Krishna Bhatt	IYA/LM/005
6	Dr. S.P Mishra	IYA/LM/006
7	Dr. Samprasad Vinod	IYA/LM/007
8	Dr. U.S Ray	IYA/LM/008

2.2. MEETINGS OF THE ASSOCIATION

Meetings		DATE	Venue
Executive Council	5 th EC	30 th October, 2014	Conference Hall of Morarji Desai National Institute of Yoga, 68, Ashok Road, New Delhi.
	6 th EC	12 th Feb. 2015	Conference Hall of Morarji Desai National Institute of Yoga, 68, Ashok Road, New Delhi.
Working Committee		8 th November,2014	Conference Hall of Morarji Desai National Institute of Yoga, 68, Ashok Road, New Delhi.

2.3. OTHER IMPORTANT ACTIVITIES OF THE ASSOCIATION

2.3.1. Defining Memberships for the Association

1	Yoga Shaala Shikshak (school)	School Yoga Teacher	Yoga Teachers Training Courses
2	Yoga Bodhaka	Yoga Instructor (Junior)	Certificate in Yoga of min. 6 months
3.	Yoga Prabodhaka	Yoga Instructor (Senior)	Diploma in Yoga
4	Yoga Chikitsaka	Yoga Therapist	Degree in Yoga Science / P. G. Diploma in Yoga Therapy
5	Yoga Chikitsa Paramarshaka	Yoga Therapy (Physicians / Consultant)	Any Medical Degree holder with P G Diploma in Yoga Therapy/ Science
6	Yoga Adhyaapaka	Yoga Assistant Professor	Post Graduate Degree in Yoga with Ph. D. in Yoga or subjects related to Yoga
7.	Yoga Pravaachaka	Yoga Associate Professor	Post Graduate Degree in Yoga with Ph. D. in Yoga or subjects related to Yoga with Minimum 8 years of experience
8	Yoga Pradhyapaka	Yoga Professor	1)Post Graduate Degree in Yoga or in any of the allied subjects (2) Ph. D. in Yoga or in the subjects related to Yoga (3) Minimum 15 years of experience with Published researched work of high standards
9	Yoga Samshodhaka	Yoga Research Scholar	Scientists/Scholars engaged in Yoga research of high standers / public utility after Post Graduation in Yoga. 10-research article in peer reviewed journal & one book related to Yoga tradition.
10	Yogaacharya	Mentor	Yoga Professionals engaged in imparting Yoga Education and Training / Therapy under Guru-shishya Parampara / in Established Yoga Institutes To be decided on a case to case basis.

Educational qualifications, experience of teaching and providing Yoga therapy and also the training under the Guru-shishya parampara and mentorship would be the main criterion for registrations as Yoga Practitioners apart from other criterion which will be framed in details.

2.3.2. Celebration of International Day of Yoga – Creation of the Common Yoga Protocol

After detailed discussion it was resolved that the IYA should be in forefront and suggest an ideal module for celebration of the International Day of Yoga. This could be forwarded to the Ministry of AYUSH and the ideal module should be circulated across for adoption. The core

committee may gather all the suggestions which are already received, incorporate those suggestions which are feasible and circulate the final draft among the Executive Committee Members

2.3.3. Finalisation of LOGO for the Association

The emblem which got designed and circulated and which was voted by the members was unanimously finalized.



3. FINANCIAL STATEMENTS OF AFFAIRS

INDIAN YOGA ASSOCIATION

68, Ashoka Road, New Delhi 110001

BALANCE SHEET AS ON 31ST MARCH, 2014

<u>CORPUS/CAPITAL FUND AND LIABILITIES</u>	<u>Schedule</u>	<u>(Amount-Rs.)</u>	
		<u>Current Year</u>	<u>Previous Year</u>
CORPUS/ CAPITAL FUND	1	10,56,763.00	10,18,340.00
CURRENT LIABILITIES	2	5,000.00	7,000.00
TOTAL		10,61,763.00	10,25,340.00
<u>ASSETS</u>			
FIXED ASSETS		-	-
INVESTMENT FROM EARMARKED FUNDS		-	-
CURRENT ASSETS, LOANS, ADVANCES	3	10,61,763.00	10,25,340.00
TOTAL		10,61,763.00	10,25,340.00

Dharmarand
(SWAMI DHARMANAND)
Treasurer

I.V. Basavaraddi
(Dr. I.V. BASAVARADDI)
Secretary

Dated: 28th Oct., 2014
Place : New Delhi



INDIAN YOGA ASSOCIATION
68, Ashoka Road, New Delhi 110001

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31ST MARCH, 2014

<u>INCOME</u>	<u>Schedule</u>	<u>Current Year</u>	<u>(Amount-Rs.) Previous Year</u>
MEMBERS CONTRIBUTION		-	7,00,000.00
GRANTS/SUBSIDIES		-	-
INTEREST EARNED	4	41,423.00	28,365.00
OTHER INCOME	5	2,000.00	-
TOTAL (A)		43,423.00	7,28,365.00
 <u>EXPENDITURE</u>			
ADMINISTRATIVE EXPENSES	6	5,000.00	22,983.00
TOTAL(B)		5,000.00	22,983.00
Balance being surplus/(deficit) carried to corpus/capital fund		38,423.00	7,05,382.00

Dharmarand
(SWAMI DHARMANAND)
Treasurer

I.V. Basavaraddi
(Dr. I.V. BASAVARADDI)
Secretary

Dated: 28th Oct., 2014
Place : New Delhi



INDIAN YOGA ASSOCIATION
68, Ashoka Road, New Delhi 110001

SCHEDULES FORMING PART OF BALANCE SHEET AS AT 31.3.2014

		(Amount -Rs.)
	Current Year	Previous Year
<u>SCHEDULE 1 - CORPUS/CAPITAL FUND</u>		
Opening Balance	10,18,340.00	3,12,958.00
Add: Balance being surplus/(deficit) carried to corpus/capital fund	38,423.00	7,05,382.00
TOTAL	10,56,763.00	10,18,340.00
<u>SCHEDULE 2 - CURRENT LIABILITIES</u>		
Audit Fee Payable	5,000.00	7,000.00
TOTAL	5,000.00	7,000.00
<u>SCHEDULE 3 - CURRENT ASSETS, LOANS, ADVANCES ETC.</u>		
a) Cash in Hand		
Imprest Cash	-	-
b) Cash at Bank		
SBI, Parliament street	10,61,763.00	10,25,340.00
c) Bank Instrument		
Postal Orders	-	-
TOTAL	10,61,763.00	10,25,340.00
<u>SCHEDULE 4 - INTEREST EARNED</u>		
Interest on SB A/C	41,423.00	28,365.00
TOTAL	41,423.00	28,365.00
<u>SCHEDULE 5 - OTHER INCOME</u>		
Excess Provision Written off	2,000.00	-
TOTAL	2,000.00	-
<u>SCHEDULE 6 - ADMINISTRATIVE EXPENSES</u>		
Accommodation Rent	-	8,983.00
Remuneration Payment	-	7,000.00
Prov. For Audit Fee	5,000.00	7,000.00
TOTAL	5,000.00	22,983.00

NOTES

1 Taxation

In view of there being no taxable income under Income Tax Act 1961, no provision for Income tax has been considered necessary.

2 Corresponding figures for the previous year have been regrouped/rearranged, wherever necessary.

3 Provision for Audit Fee has been created.

Dharmamand
(SWAMI DHARMANAND)
Treasurer

(Dr. I.V. BASAVARADDI)
(Dr. I.V. BASAVARADDI)
Secretary

Dated: 28th Oct., 2014
Place : New Delhi



INDIAN YOGA ASSOCIATION
68, Ashoka Road, New Delhi 110001

SCHEDULE-7

RECEIPT AND PAYMENT ACCOUNT FOR THE YEAR ENDED 31ST MARCH, 2014

		(AMOUNT-Rs.)			
RECEIPTS	Current Year	Previous Year	PAYMENTS	Current year	Previous Year
Opening Balances					
Cash-in-Hand	-	-			
Cash-at-Bank					
- SBI, Parliament street	10,25,340.00	3,33,958.00			
	10,25,340.00	3,33,958.00			
I. Opening Balances			I. Expenses		
(Cash & Bank balances as above)	10,25,340.00	3,33,958.00	a) Administrative Expenses		
II. Members Contribution			Audit Fee	5,000.00	21,000.00
Association members	-	7,00,000.00	Remuneration Payment	-	7,000.00
III. Interest Received			Accommodation rent	-	8,983.00
On Bank Deposits	41,423.00	28,365.00			
TOTAL RECEIPTS	10,66,763.00	10,62,323.00	TOTAL PAYMENTS	5,000.00	36,983.00
			CLOSING BALANCE		
			Cash-in-Hand	-	-
			Cash-at-Bank		
			- SBI, Parliament street	10,61,763.00	10,25,340.00
GRANT TOTAL	10,66,763.00	10,62,323.00	GRANT TOTAL	10,66,763.00	10,62,323.00

Dated: 28th Oct., 2014
Place : New Delhi



Dharmamand
(SWAMI DHARMANAND)
Treasurer

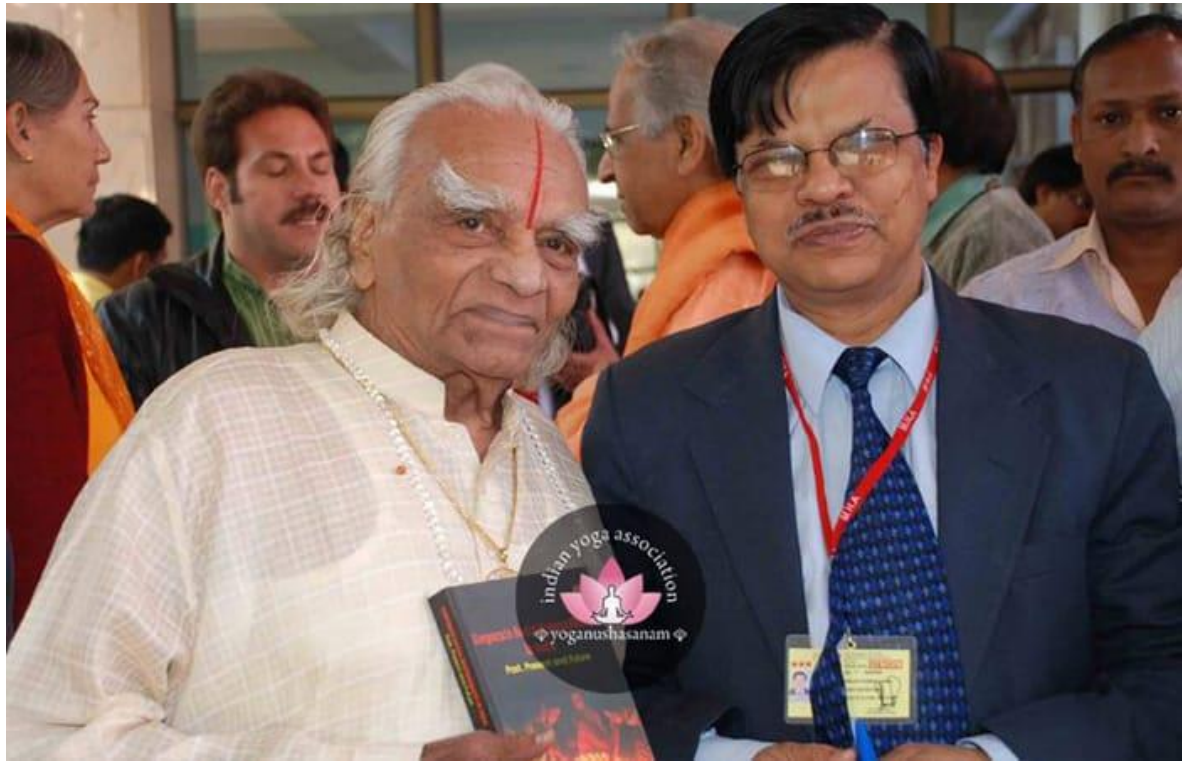
Dr. I.V. Basavaraddi
(Dr. I.V. BASAVARADDI)
secretary

4

4. ACKNOWLEDGEMENTS

- The sad demise of Dr. B.K.S. Iyengar, the President of the Indian Yoga Association deeply affected the entire Yoga Fraternity. As the Founding-President of the Association, he will be missed dearly always. The Indian Yoga Association places on record its deepest condolences to the family of the Bheeshma Pitamaha of contemporary Yoga.
- Padma Vibhushan
Dr. D. Veerendra Heggade, Social Work, Karnataka
- Padma Shri
Jagat Guru Amrta Suryananda Maha Raja (NRI/PIO), Others, Portugal

5. YEAR IN PICTURES



Founder President Late Dr BKS Iyengar ji



Executive Council Meetings



IYA at the IDY Conference



At National Yoga Week celebrations



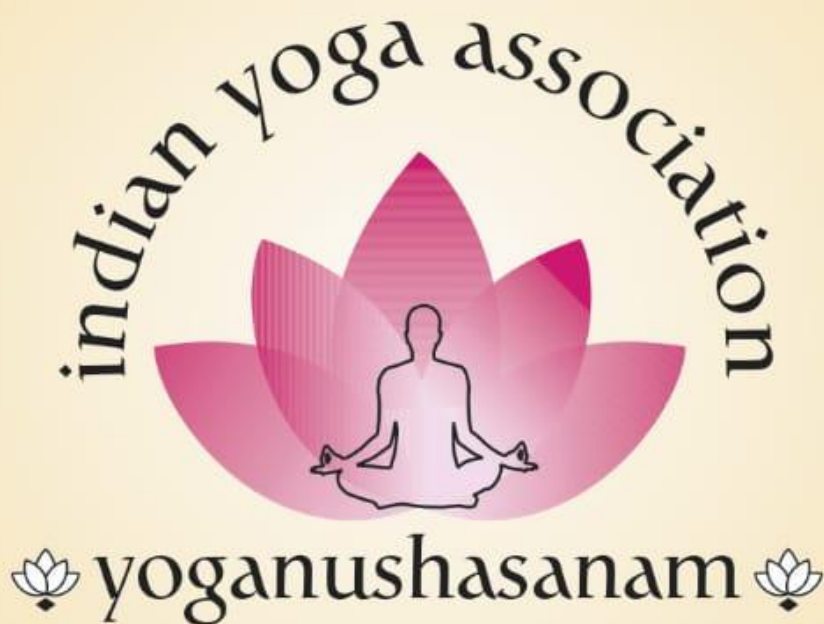
Launch of the LOGO of the Indian Yoga Association



Executive Council Meetings

INDIAN YOGA ASSOCIATION

A self-regulatory Body of all Yoga Organizations



68, Ashoka Road, New Delhi - 110001, INDIA

www.yogaiya.in

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secretariat@yogaiya.in / iyayog@gmail.com